erson can pick up. Nicotine products damage every organ in the body. These products cause a nber of diseases and also increase the likelihood that a user will develop other long-term health problems

Nicotine is ddictive

other tobacco products that keeps you booked

- on the drug your body becomes
- quit even though the drug is causing you ha
- When you stop using nicotine, your body will

Nicotine is responsible for more than 8,00<u>0,000</u> deaths each year.



8,000,000+

Nicotine changes the brain.

Nicotine attaches to special receptors in the brain, flooding the brain with chemicals like acetylcholine and dopamine. Keep using nicotine and the brain gets used to the flood of chemicals. This is how your brain gets addicted.

ODBYE TO BREATHIN

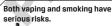


Vaping can harm the body just like tobacco. Thousands of people have been hospitalized, and many have died. Patients report feeling shortness of breath, coughing, and fatigue that gets worse with time. Doctors have found that their lungs sustained severe damage. Others have to endure a painful and experdouble lung transplant that put their breathing on par with a 70-year-old's.

The Cost of Cool...

The nicotine level in vapes is so high, it is easy to overdose on nicotine.

- Nausea
- Vomiting
- Migraines
- Rapid heart rate
- Sleeplessness





- Damage to the brain Causes depression and anxiety
- Causes breathing issues
- Causes cancer

Get hooked on nicotine and the tobacco companies will bleed your wallet dry.

- Disposable vapes sold in gas stations are expensive
- · Mod systems can cost hundreds of dollars
- Vape juice costs \$20,
- \$30, or more
- Vaping can cost up to \$5,000 a year



Effect on

Brain: Nicotine is as addictive as heroin, and once you start, it's incredibly difficult to stop

Mouth: Gum disease, ulcers, and mouth cancer are

Throat: Exposes the throat to thousands of chemicals leading to inflammation, irritation, and cancer

Skin: Depletes vitamin C in the skin, making it harder to repair damage

Lungs: Devastates the lungs. Lung cancer is the number one risk of smoking

Heart: Leads to high blood pressure and heart

Liver: Increased chance of liver failure and liver damage

Stomach and Intestines: Increases chance of colon cancer

neys: Causes high blood pressure and kidney disease and doubles the risk of developing kidney cancer

Bladder: Increases the risk of bladder cancer by

NICOTINE SUCKS. Don't Start. Stop TODAY!

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