INTHE KNOW:



Cigarettes and other tobacco products damage nearly every organ in the body. These products

How It Affects the Body

cause a number of diseases and also increase the likelihood that a user will **develop** other long-term health problems. Just by itself, cigarette smoking is the leading preventable cause of death in the U.S. Quitting tobacco can add years to a person's life, but it's best to not even start using these products in the first place.





For Men:

Erectile Dysfunction

Lower Sperm Count

Damaged Sperm

For Women:
Reduced Fertility
Cervical Cancer
Early Menopause

SMOKING WHILE PREGNANT RAISES THE RISK OF:

Stillbirth
Preterm Delivery
Ectopic Pregnancy
Low Birth Weight
Orofacial Clefts in Infants
Sudden Infant Death Syndrome



Liver Cancer

Hepatitis B & C

Liver fibrosis

Quit-or Better Yet-Don't Start!