

IN THIS ISSUE : The Dangers Of Smoking And Chewing Tobacco



TAKE PRIDE IN WHAT'S INSIDE WITH...

# the INSIDERS™

the TOBACCO temptation





it's time to meet...

# the INSIDERS™

**CHRISTY** - AGE 11, LIKES ART AND GYMNASTICS. SHE IS LOGICAL, HIGHLY OPINIONATED, AND SOMETIMES STUBBORN.

**MARC** - AGE 12, TRACK TEAM MEMBER. HE IS KIND AND UNDERSTANDING BUT OFTEN TOO TRUSTING OF OTHERS.

**SAMMY** - AGE 11, LOVES COMPUTERS AND SKATEBOARDS. HE IS SMART BUT OFTEN FORGETFUL AND ALMOST ALWAYS LATE FOR APPOINTMENTS.

**ALPHA** - (ADVANCED LEARNING PROTECTED HUMANOID ADVISOR) HAS IMAGERY CAPABILITIES GREATER THAN ANY KNOWN TO MAN AND HAS ACCESS TO ENDLESS AMOUNTS OF INFORMATION.

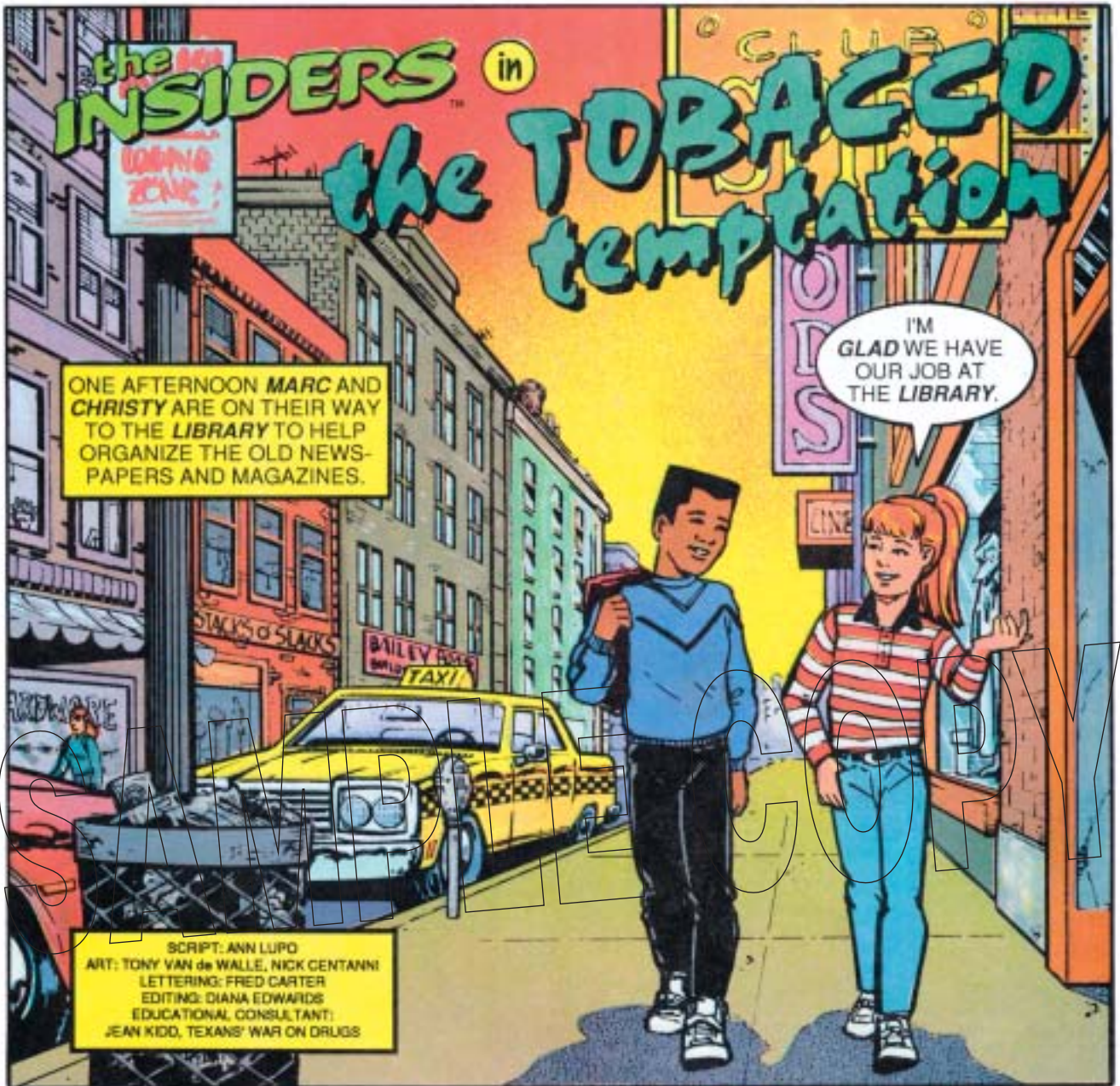
LATE ONE STORMY NIGHT, THE INSIDERS WERE WORKING ON A SCHOOL PROJECT ON ARTIFICIAL COMPUTER INTELLIGENCE WHEN...

LIGHTNING STRUCK, CAUSING A POWER SURGE THAT AFFECTED THE COMPUTER.

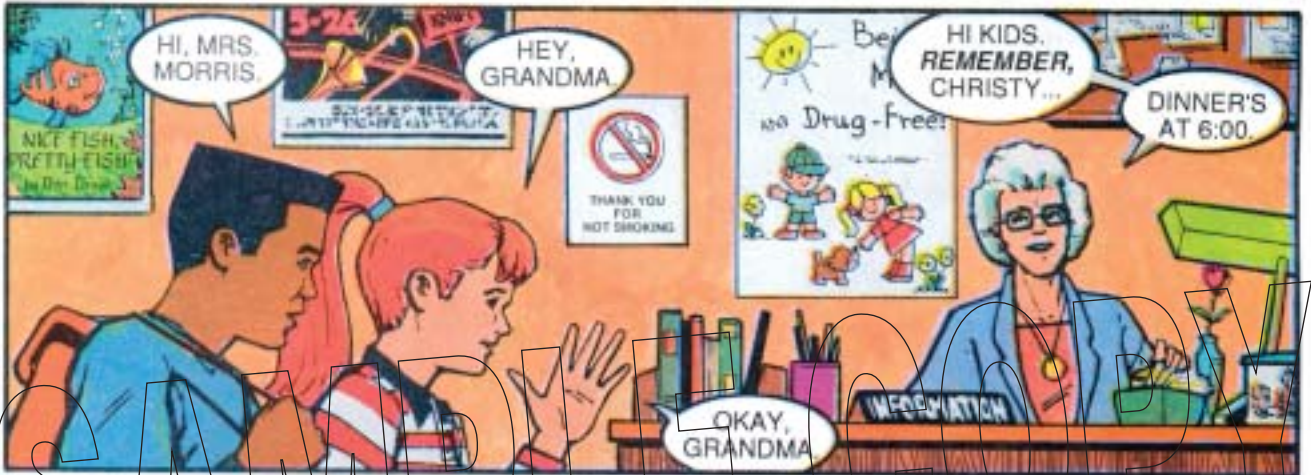
I HOPE WE DON'T LOSE THE DATA!

WHEN THE RUSH OF ELECTRICITY FADED AWAY, ALPHA STOOD NEARBY, NOW WITH THEIR FRIEND, THE INSIDERS TEACH OTHERS HOW TO STAY HEALTHY AND TAKE PRIDE IN WHAT'S INSIDE.

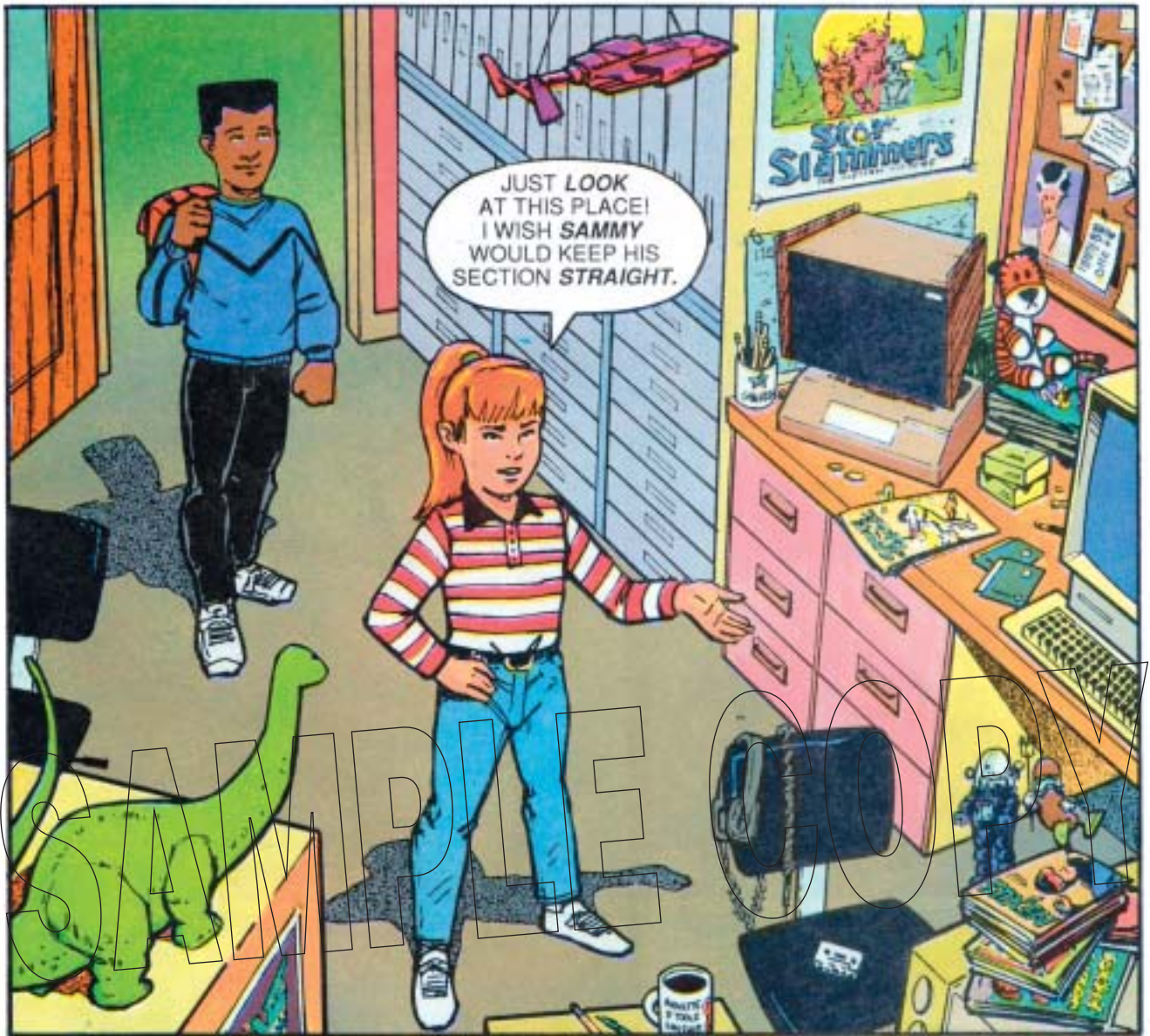














NOT FAR AWAY...

...AND IT'S THE GREAT  
**SAMMY LEE**, DEFYING ALL  
GRAVITY AS HE PERFORMS HIS  
**SUPER FRONT SIDE GRIND!**

**ZEEEP!  
ZEEEP!**

SAMMY--  
COME IN.  
IT'S MARC.

WHERE ARE  
YOU?

CHRISTY AND I ARE IN THE  
BASEMENT WAITING FOR YOU.  
IS EVERYTHING OKAY?

EVERYTHING'S  
COOL! I'M RIGHT  
OUTSIDE. I'LL BE  
THERE IN A SEC...

HEY! THERE ARE TWO GUYS  
BY THE STORAGE ROOM WINDOW.

I'M GOING  
TO GET CLOSER TO  
SEE WHAT THEY'RE  
DOING.













WHAT'S GOING ON IN HERE?

WE CAUGHT THEM WITH CIGARETTES.

OKAY, I ADMIT IT.  
NOW GET OFF MY BACK!



WHAT'S IT TO YOU IF WE SMOKE?

YOU CAN'T TELL US WHAT TO DO.

"DANGEROUS."

YEAH, RIGHT.

MY **DAD** AND **AUNT** SMOKE, AND IT DOESN'T SEEM TO BOTHER **THEM**. YOU SEE SMOKING IN THE MOVIES AND ON TV. **EVERYBODY** SMOKES. IT'S COOL.



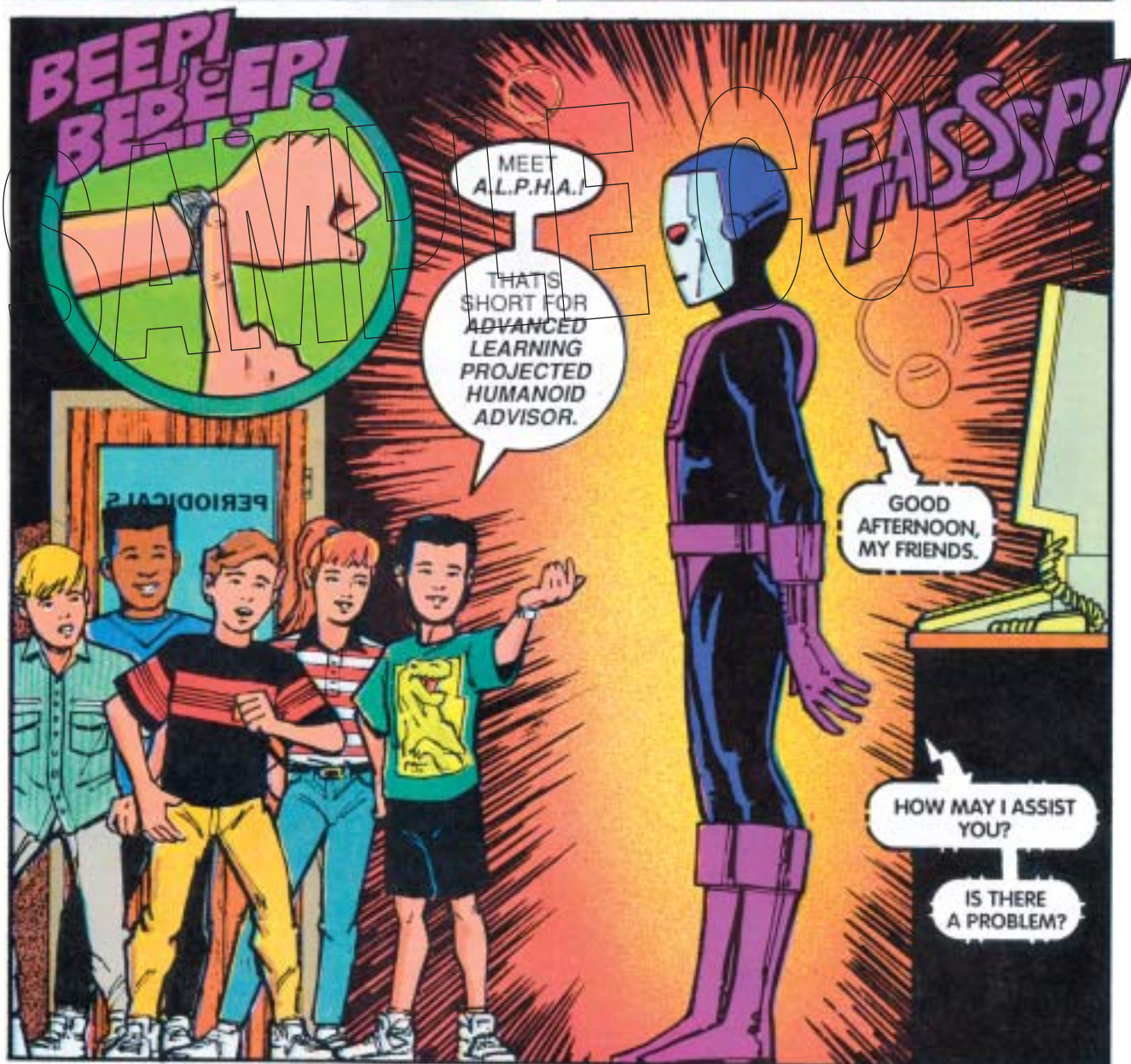
SEE, **SMOKING** ISN'T ALL BAD--THEY'VE MADE IT BETTER FOR YOU.

low tar  
low nicotine  
great taste  
STEP UP TO...  
**Canterfield**  
100's



WAIT ... THAT AD DOESN'T GIVE ALL THE **FACTS**. CIGARETTE MAKERS WANT SMOKING TO LOOK AND SOUND **GOOD** SO YOU'LL BUY THEIR **PRODUCT**. BUT THEY **DON'T** TELL YOU HOW **DANGEROUS** SMOKING IS.









ALPHA,  
MEET **RUSSELL**  
AND **SCOTT**.

THEY  
HAVE SOME  
QUESTIONS  
ABOUT  
**SMOKING**.



WHAT QUESTIONS COULD  
THERE POSSIBLY BE? DO THEY  
NOT KNOW OF THE MANY  
DANGERS OF CIGARETTE  
SMOKING? HAVE THEY NOT  
READ THE WARNINGS?



YOU GUYS THINK  
YOU KNOW  
**EVERYTHING**.

**STOP**  
TRYING TO  
MAKE UP  
MY **MIND**!



WANT TO **SMOKE**--  
SO WHAT?

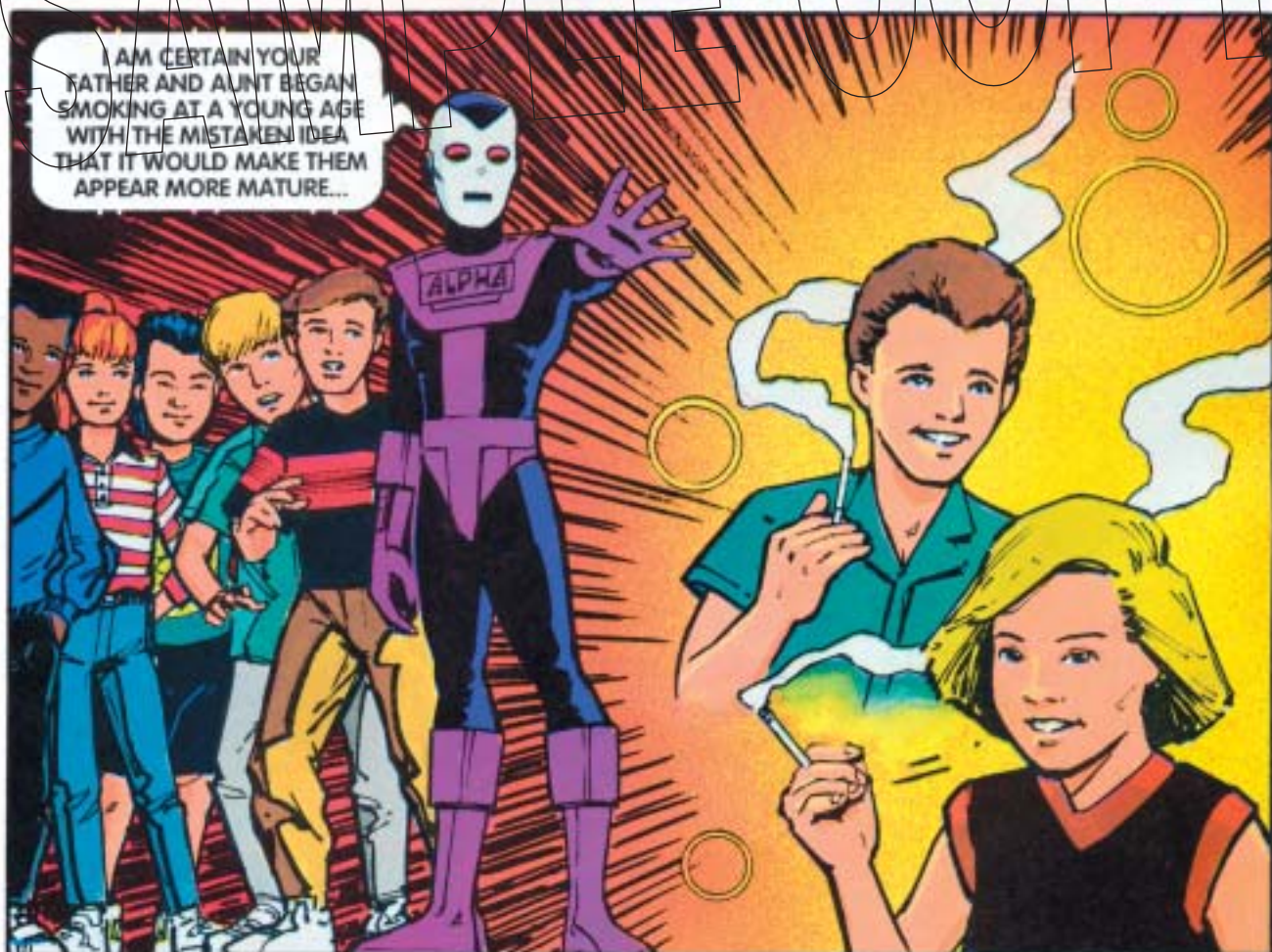
**CIGARETTES**  
NOT ONLY HURT THE  
PERSON SMOKING, BUT  
SECOND-HAND SMOKE  
HARMS NONSMOKERS  
WHO MAY BE NEARBY.

FOR THIS REASON,  
LAWS RESTRICT  
SMOKING IN SOME  
PUBLIC PLACES.



I'M WITH MY **DAD** ALL THE TIME WHEN HE BUYS  
**CIGARETTES**, AND NO ONE HASSLES HIM  
ABOUT WHY HE **SMOKES**.

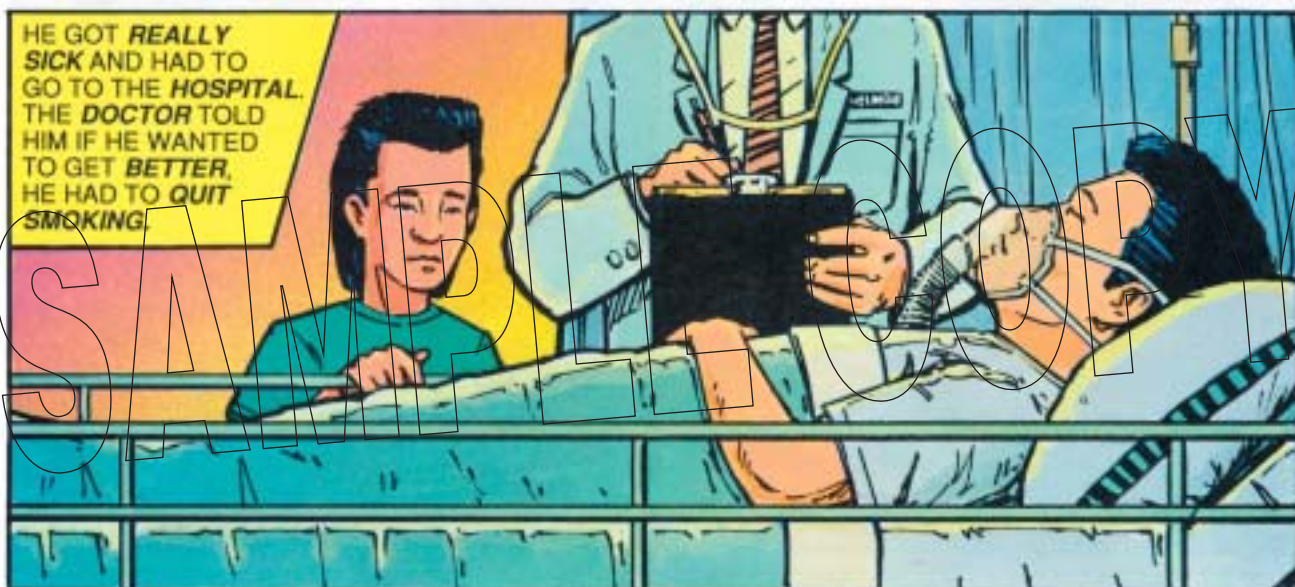
















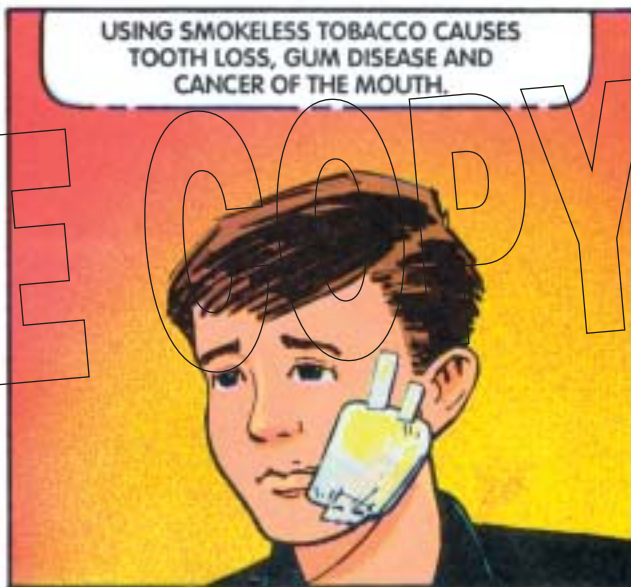
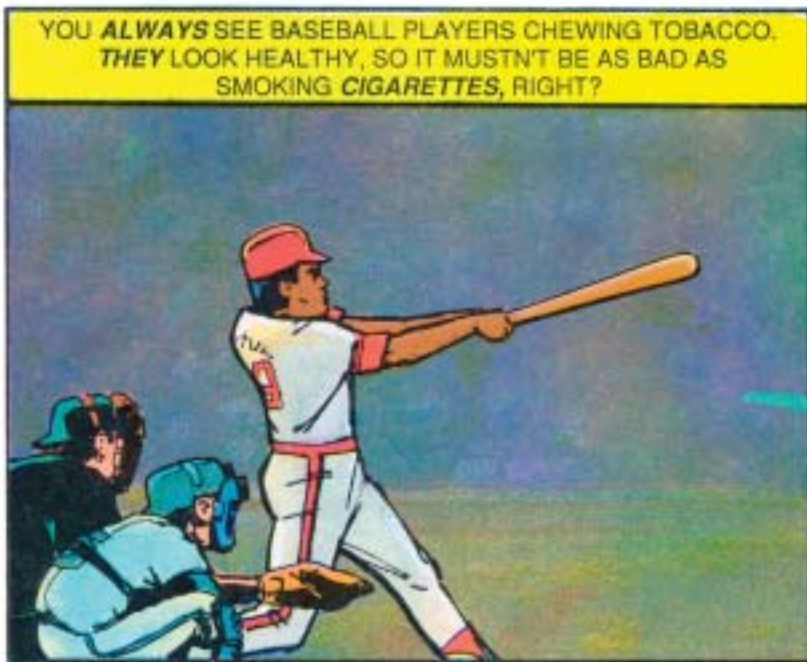
HEALTHY LUNGS ARE CLEAN. A NONSMOKER'S LUNGS CAN PROVIDE HIS BODY WITH A GOOD SUPPLY OF OXYGEN, ENOUGH TO PERFORM VIGOROUS ACTIVITIES.

WHEN A PERSON SMOKES, THE LUNGS BECOME BLACKENED FROM TAR CONTAINED IN CIGARETTES. IF SOMEONE SMOKES AND LATER QUILTS, HIS HEALTH CAN IMPROVE, BUT...

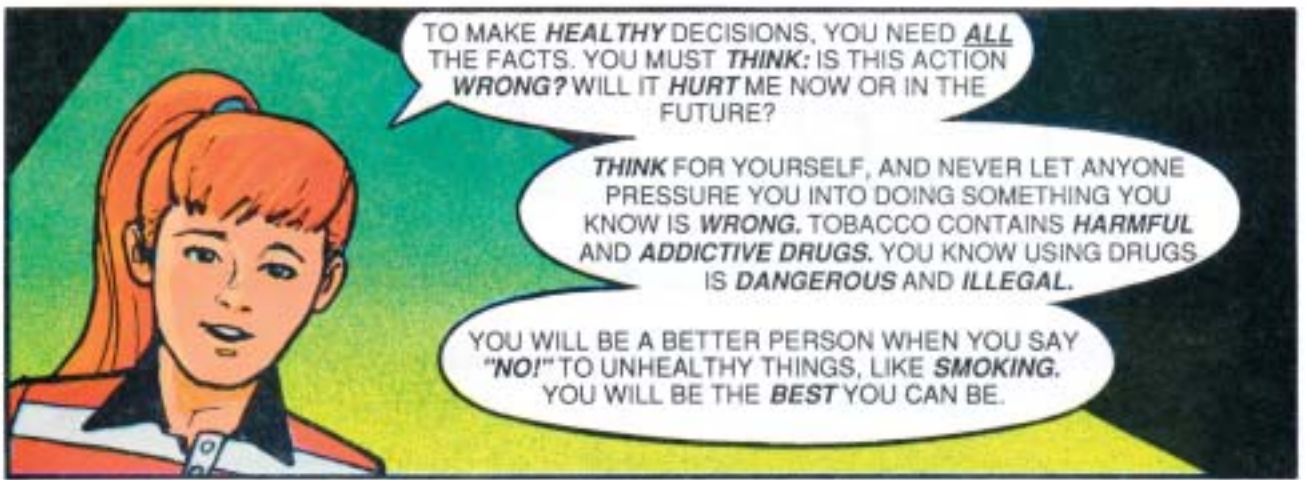
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# the INSIDE TRACK

## ANSWER THE FOLLOWING QUESTIONS.

1. What are some of the reasons Russell thought it was okay to smoke? What is wrong with his reasoning?

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2. Alpha told Russell, Scott and the Insiders certain facts about smoking. List three kinds of tobacco products and explain what happens to a person who uses them.

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3. Why is it important to find out all the facts about drugs?

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4. Sammy's Dad thought smoking relieved stress. Really, it was making his health worse. List some healthy things you can do to deal with stress.

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5. What are some of the things to consider in order to make healthy decisions?

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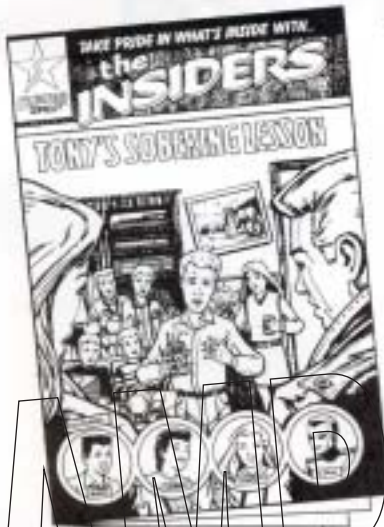
6. With whom can you share what you've learned today?

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Write what you would tell them on a separate sheet of paper and give it to the instructor.



# *Ask for these other exciting issues featuring ALPHA and the Insiders!*

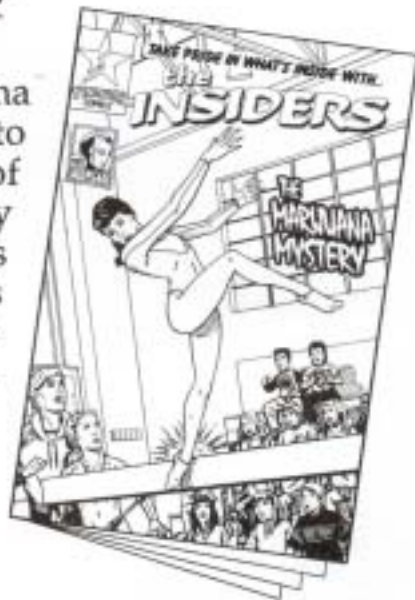


## TONY'S SOBERING LESSON

In a new school and faced with many changes, Tony will do anything to make friends, even drink alcohol. Under pressure from the "Omegas", Tony takes a drink then learns the hard way that use of alcohol leads to trouble. ALPHA explains how alcohol can affect a person's body and why some people are addicted to alcohol.

## THE MARIJUANA MYSTERY

Holly knew that smoking marijuana was bad, but refusing Mike's offer to smoke might ruin her chances of being asked to the Spring Dance. By smoking marijuana, Holly places herself in danger and jeopardizes her school's chance of winning the state championship. ALPHA explains how marijuana affects the body and helps Holly learn how to be a real winner by standing up for what she believes.



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