

# STI: SEXUALLY TRANSMITTED INFECTION

OVER 30 DIFFERENT TYPES OF PARASITES, BACTERIA, AND VIRUSES CAUSE SEXUALLY TRANSMITTED INFECTIONS (STIS). ANYONE WHO IS SEXUALLY ACTIVE RISKS CONTRACTING AN STI. ABSTINENCE IS THE ONLY WAY TO BE 100% SAFE.

STIS ARE SPREAD PRIMARILY THROUGH SEXUAL CONTACT, INCLUDING ORAL, VAGINAL, AND ANAL SEX. SOME STIS CAN BE SPREAD BY SKIN-TO-SKIN CONTACT. IF YOU ARE SEXUALLY ACTIVE, GET TESTED FOR STIS AT LEAST ONCE A YEAR.

## STATISTICS

Every day, over **1 million** people in the world acquire a sexually transmitted infection.

Every year, 500 million people acquire one of four STIs: chlamydia, gonorrhea, syphilis, or trichomoniasis.

Over 1 million people in the U.S. have HIV; almost 16% of them are unaware that they have an infection.

### CHLAMYDIA/GONORRHEA

#### Symptoms:

May have no symptoms  
Painful urination  
Genital discharge

#### Transmission:

Unprotected sexual contact

Treatment:  
Antibiotics

#### Complications:

-Infertility  
-Pelvic inflammatory disease  
-Tubal pregnancy



### GENITAL HERPES

#### Symptoms:

-May have no symptoms  
-Painful sores in genital area  
-Flu-like symptoms

#### Transmission:

Unprotected sexual contact

Treatment:  
No cure, treatable symptoms

#### Complications:

-Repeated outbreaks  
-Increased risk of cervical cancer



### HUMAN PAPILLOMAVIRUS (HPV)

#### Symptoms:

-Usually has no symptoms  
-Bumpy growths in the genital/anal area

#### Transmission:

Unprotected sexual contact

Treatment:  
No cure, treatable symptoms.  
Vaccine available.

#### Complications:

-Cervical and other types of cancer  
-Genital warts may continually reappear



### SYPHILIS

#### Symptoms:

-Painless sores on mouth, genitals, or anus  
-Untreated: rash, flu-like symptoms, weight loss, and more

#### Transmission:

Unprotected sexual contact

Treatment:  
Antibiotics

#### Complications:

Paralysis, brain damage, blindness, death



### TRICHOMONIASIS

#### Symptoms:

-May have no symptoms  
-Painful urination  
-Genital discharge, itching, or inflammation



#### Transmission:

Unprotected sexual contact

Treatment:  
Antibiotics

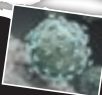
#### Complications:

Increased risk of getting/spreading another STI

### HIV & AIDS

#### Symptoms:

-May not appear for months  
-Severe flu-like symptoms  
-Rash



#### Transmission:

-Unprotected sexual contact

-IV drug needles

Treatment:  
No cure, medicine slows the disease

#### Complications:

-Extreme weight loss, nausea, headaches  
-Cancer, pneumonia  
-Heightened risk of bacterial infections

### If You Choose to Have Sex:

- Use condoms for every sex act
- Practice mutual monogamy

- Get vaccinated
- Engage in sex only when sober

LIVE WELL & LIVE LONG WITH GOOD SEXUAL HEALTH