On average,
U.S. households spend about

$338 per year

on OTC products.

A recent study found that

78.9%

of people reported that they've taken or were currently taking OTC drugs.

In some states, only people

18 YEARS OF AGE OR OLDER

can buy certain OTC drugs.

WHERE YOU LIVE DOES NOT HAVE A MAJOR EFFECT ON WHETHER OR NOT YOU USE OTCs.

75.7% of rural residents and 80.1% of urban residents reported using OTCs.

Pseudoephedrine

A nasal decongestant found in many OTC cold medications, can be used to make methamphetamine.

Women and men take OTCs at the same rate.

78.9% of women

79.0% of men

OTCs ARE OFTEN MISUSED IN COMBINATION WITH OTHER DRUGS,

such as alcohol and marijuana.

People **25 and under** are most likely to take OTC medicines, while those **71 and older** are least likely.

REVIEW COPY