Sales of pouches increased by more than six times in **less than three years.**

The long-term effects of nicotine pouches are **unknown.**

POUCHES CAN HAVE HIGH LEVELS OF **NICOTINE.**

Nicotine can harm brain development, which continues until about age 25.

YOUNG PEOPLE CAN SHOW SIGNS OF **NICOTINE ADDICTION QUICKLY.**

1.5% of middle and high school students reported using pouches in the last 30 days.

Teens who use nicotine may be at increased **risk for future addiction to other drugs.**

THERE ARE **NO SAFE** NICOTINE PRODUCTS.

PREVIEW ONLY