

### WHAT IS NALOXONE?

Naloxone rapidly reverses opioid overdoses. It can block the effects of opioids, like heroin and morphine, as well as synthetic opioids, such as fentanyl.

### NALOXONE VS. NARCAN®

When naloxone was first approved, its brand name was Narcan<sup>®</sup>. There are now other formulations and brand names, but many people continue to call all of these products "Narcan<sup>®</sup>." As of March 2023, Narcan<sup>®</sup> is available over-the-counter only as a nasal spray.





# SIGNS OF AN OPIOID OVERDOSE

Signs of an overdose may include:

- Small, constricted "pinpoint pupils"
- Falling asleep or loss of consciousness
- Limp body
- Slow, shallow breathing
- Choking or gurgling sounds

### HOW TO GIVE NALOXONE

To administer Narcan® by nasal spray:

- 1) Hold the spray with your thumb on the bottom of the plunger and your first and middle fingers on either side of the nozzle.
- 2) Tilt the person's head back and provide support under the neck with your hand.
- 3) Gently insert the tip of the nozzle into one nostril until your fingers on either side of the nozzle are against the bottom of the person's nose.
- 4) Press the plunger firmly.
- 5) If the person does not respond in two minutes, repeat the steps and give a second dose of Narcan<sup>®</sup>.

## NALOXONE AFTERCARE

- Stay with the person.
- Tell the paramedics or doctors that naloxone has been given.
- If you need to leave, turn the person on their side to prevent them from choking.



Naloxone is more important now than ever.

- Opioids were involved in 80,411 of 106,699 overdose deaths.
- Nearly 88% of opioid-involved overdose deaths involved synthetic opioids such as fentanyl.

Opioid deaths more than doubled between 2010-2017 and continue to rise.

If you are with someone who is experiencing an opioid overdose,

DO NOT HESITATE. CALL 9-1-1.

