

## METHAMPHETAMINE

Methamphetamine makes addicts out of users with terrible speed. It is easy to make, using chemicals that are cheap to buy. It wrecks whole communities. It puts cops and firefighters in danger. It even hurts the environment! "Poor Man's Cocaine" is an awful, costly problem.

### DRUG ID

**Looks:** Either a white powder or chunks that look like glass or rock salt.

**Street Names:** Meth, speed, chalk, crank, ice, crystal, go-fast, and glass

**Methods of Use:** Sniffed, smoked, injected, or swallowed

**Actions:** Methamphetamine gives users an intense rush of energy. Users can't stop moving. They feel jittery and anxious for 6-24 hours. Then they crash and feel an overpowering craving to use meth again. The cycle of using and crashing is called a "run." A run ends when the user collapses.

**Warning Signs:** Sores on skin; tooth grinding and bad teeth; heavy sweating and body odor

### THE NUMBERS

14,923 emergency room visits due to methamphetamine abuse last year.

11.0% of 12th graders used at least once; 2.6% use it regularly.



- Sleeplessness



- Intense physical activity
- Loss of appetite
- Dry mouth
- High body temperature
- Convulsions

## USING OVER TIME

- Addiction
- Hearing imaginary sounds
- Insomnia
- High blood pressure
- Violence
- Tooth damage and decay
- Paranoia
- Possible lead poisoning
- Feeling of bugs crawling on skin

## WAY TO GO

Run, don't walk, if anyone offers you methamphetamine. It has been said that meth doesn't give users energy, it lends it. And what it easily borrowed must be paid back at a high interest rate—health, happiness, even life.

GO  
OPY