

Methamphetamine, known as meth or crystal meth, is a powerful, highly addictiv stimulant that affects the central nervous system. It takes the form of a white, odorless, bitter-tasting crystalline powder that easily dissolves in water or alcohol. Methamphetamine was developed early in the 20th century from its parent drug, amphetamine.

### CRACKED TEETH

ethamphetamine can make the user feel anxious, yper, or nervous, so they will clench or grind their eth. You may see severe wear patterns on their teeth

### FOOTH DECAY

h use leads people to crave beverages high in ar because they experience dry mouth. Tooth decay start at the gum line and eventually spread through the tooth. The front teeth are usually destroyed first.

#### **GUM DISEASE**

Meth causes the blood supply to oral tissues to shrink in size. Over time the tissue will die and teeth will fall out.

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# EFFECTS INCLUDE:

Meth has long-lasting and harm offects on the central nervous system. This brings out negative hort-term effects like intense mood swings, confusion and iolent behavior.



and decreased fatigue

- increased activity and
- decreased appetit
- rapid/irregular heartbe
- rapid breathing

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b high body temperature

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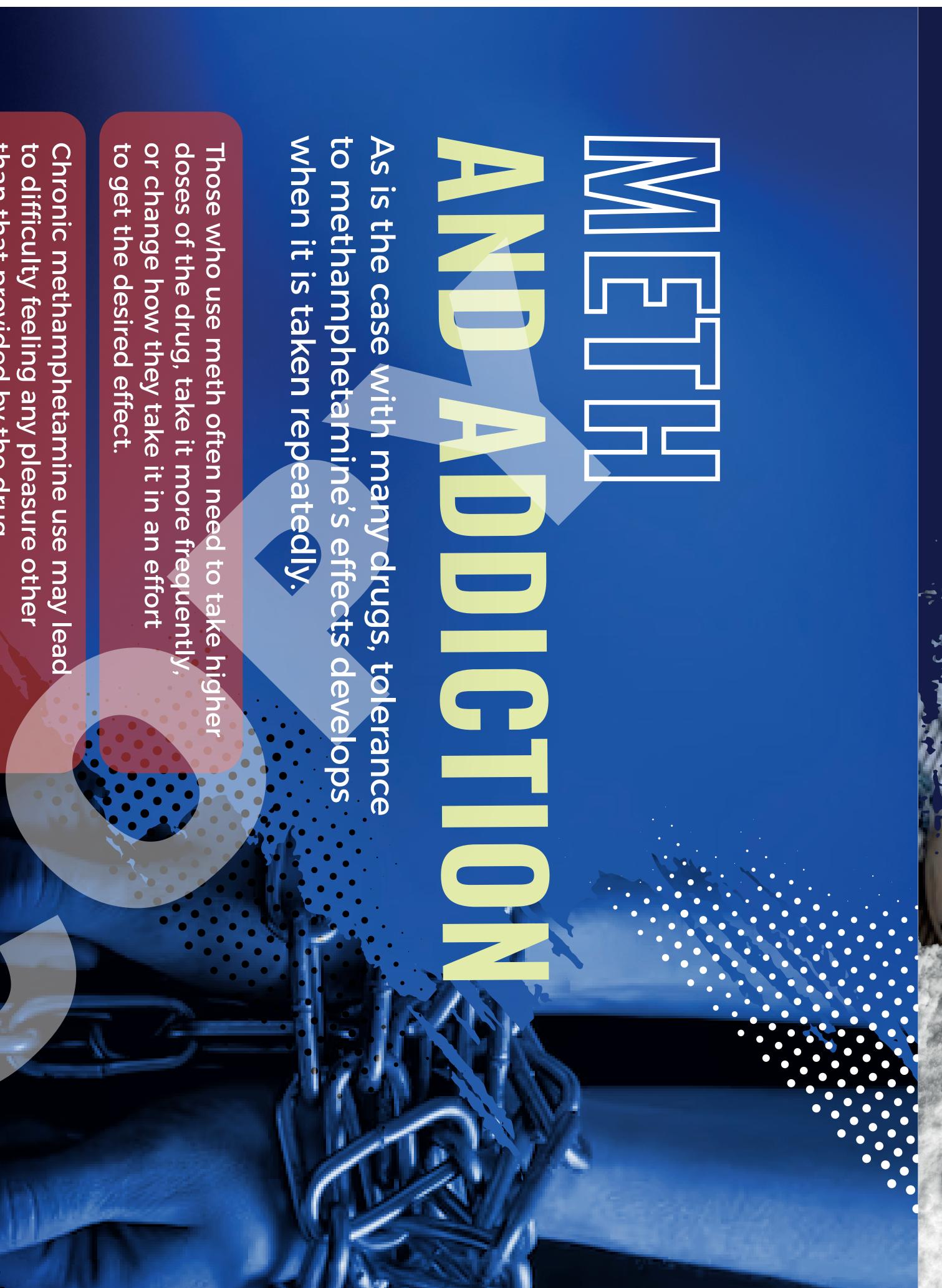
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sores on the face or arms are a visible side offect of using methamphetamine. They ypically happen because meth makes a person scratch and pick at their kin, but they can also result from the drug's toxic effects. The sores an take weeks or months to heal and often leave scars.



Vithdrawal from methamphetamin ccurs when someone stops taking ne drug; symptoms of withdrawal nclude depression, anxiety, fatigue, nd an intense craving for the drug.

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As a powerful stimulant, methamphetamine, wen in small doses, can cause a variety of heart problems, including rapid heart ate, irregular heartbeat, increased blood pressure, and a rewiring of the heart's lectrical system.

eth users tend to show evidence of ardiovascular disease at greater intensity nd at vounger-than-typical ages.

In addition to addiction, people who use methamphetamine long term may exhibit a variety of negative effectseven after they stop using methamphetamine.

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### **ONG-TERM EFFECTS INCLUDE**

- psychosis, including:
- paranoia

- poor thinking and motor skills
- lack of focus
- aggressive or violent beh
- severe dental problems

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The substance abuse national hotline is free, confidential, and available 24/7, 365 days a year. 1-800-662-HELP (4357) or TTY: 1-800-487-4889. This service provides referrals to local treatment facilities, support groups, and community-based organizations.

Also send your zip code via text message: +35748 (HELP4U) to find help near you.