

LSD - HALLUCINOGENIC HIGHS

LSD, also known as acid, is a hallucinogenic drug. LSD stands for lysergic acid diethylamide. Hallucinogenic drugs, like LSD, cause sensations or images to be felt or seen that are not real. Developed in the 1930's as a drug to help mental patients, it became widely popular in the 1960's during drug research and experimentation. However, it is now known that there is no medical purpose to LSD. It is the strongest psychedelic drug known.

LSD is most commonly taken by putting a small square of dissolvable paper, known as a blotter, on the tongue. It is difficult to determine just how much of the drug is on a blotter. Tiny amounts cause extreme effects. LSD is measured in micrograms, 40 to 500 micrograms is considered a single dose and that is 10 times smaller than a grain of sand.

LSD leads to risky behaviors and serious, even fatal, consequences. It alters the way a brain works by interrupting the brain chemical serotonin which is responsible for mood, appetite, muscle control, sexuality, sleep and sensory perception.

EFFECTS & CONSEQUENCES

EFFECTS

- High-Blood Pressure
- Hallucinations
- Dilated Pupils
- Sleeplessness
- Dry Mouth
- Loss of Appetite
- Dry Mouth
- Sweating
- Tremors
- Paranoia
- Convulsions

CONSEQUENCES

- Drug Tolerance
- Flashbacks
- Mood Swings
- Irrational Thinking
- Psychosis
- Panic Attacks
- Flash Backs
- Intense Fear
- Schizophrenia
- Depression
- Anxiety
- Delusions
- Violent Behavior
- Suicidal Thoughts

FOR MORE INFORMATION

Go to www.intheknowzone.com for more information on substance abuse. Increase your knowledge using the information, statistics, images, and links. Test your understanding with a quick quiz.

**Don't stay in the dark.
Get In the Know!**

in the know

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LSD

A BAD TRIP



LSD IS A POTENT AND ILLEGAL HALLUCINOGENIC DRUG THAT BLURS THE LINE BETWEEN WHAT IS REAL AND WHAT IS IMAGINED.



STREET NAMES FOR LSD

Acid, 'Cid, Sid, Bart Simpsons, Barrels, Tabs, Blotter, Heavenly blue, "L", Liquid, Liquid A, Lucy in the sky with diamonds, Microdots, Mind detergent, Orange cubes, Orange micro, Owsley, Hits, Paper acid, Sacrament, Sandoz, Sugar, Sugar lumps, Sunshine, Tabs, Ticket, Twenty-five, Wedding bells, Windowpane

DIFFERENT HIGHS

The effects of LSD can vary widely from person to person and from dose to dose. No experience will be the same. Who a person is with, where they are, and their current emotional state can greatly change the drug's effects.

Factors that affect an individual's reaction to LSD include: body weight, prescription and illegal drug-use interactions, alcohol consumption, and mental disorders. A user may engage in dangerous behaviors or harm

themselves and others when they can no longer tell what is real and what is their altered mental state. The drug can cause confusion and increase symptoms of mental illnesses - like depression, anxiety, and obsessive-compulsive disorders.

While LSD is not an addictive drug, the body will develop a tolerance to it. This means that users have to increase how much they take each time to get the same effect.

A DANGEROUS TREND - IS IT REALLY LSD?

In recent years LSD has seen a shortage of production as illegal manufacturers are being shut down. This has led to an even more dangerous situation - the production of LSD "mimics." Mimics are man-made chemicals that copy LSD's hallucinogenic effects. However, they cause severe side effects including death.

Often bought over the internet, these synthetics are seen as a cheaper alternative to LSD. Sold under the names N-Bomb, Smiles, 251, or 25B, small amounts of these synthetic drugs can cause seizures, heart attack, slowed breathing and death. Not much is



known about these new drugs, but in 20 documented cases: 20% of users thought they were taking LSD, two died and a third attempted suicide. 40% required stays in the hospital ICU due to seizures. While the effects of LSD generally wear off after about eight hours, the effects of the synthetics can last up to 5 days.

HALLUCINOGEN PERSISTING PERCEPTION DISORDER (HPPD)

Some experience effects that last long after a "bad trip." Vision problems, sensory distortions, illusions of movement, and seeing "static" are some symptoms of HPPD. HPPD is a disorder with no known cure. The development of HPPD issues can be so strong that individuals are unable to ignore them. This leads to coexisting mental distress of anxiety, paranoia and depression.

NO DRUG IS "SAFE"

LSD is not a "safe" drug. Just because it is not "addictive" (it doesn't cause drug-seeking behaviors in individuals) doesn't mean it isn't dangerous. Very small amounts cause potentially harmful reactions, and knowing the dose amount and how it will affect an individual is impossible. Increasing the chances for a negative reaction are the new synthetic drugs that mimic LSD. These synthetic drugs are much more likely to cause severe reactions - including death. Often, users



think they are taking LSD, when in fact they have ingested a synthetic drug that mimics LSD.

There is common misconception that taking LSD is ok if done in the right settings. However, the effects of LSD are unpredictable. For those with prior health concerns, drug use, or mental illness, LSD is particularly dangerous and can cause long term problems. While under the influence of LSD, users are unable to make decisions and are more likely to participate in risky behaviors. Many have experienced long term anxiety and depression after consuming LSD.

LSD is illegal in the US. It is a Schedule I drug and possessing or distributing it can lead to arrest, jail time and/or high fines.

KEEP YOUR SENSES - AVOID THE TRIP

A "bad trip" is like a living nightmare with no escape. User's feel extreme fear, paranoia and loss of self or like they are dying or dead.

ALTERED PERCEPTIONS

PANIC ATTACKS

HARMFUL REACTIONS