

# LSD

## Real Facts About a Scary Drug



Guides for Good Living

# What is LSD?

LSD is an hallucinogen. Hallucinogens make users see, hear, or feel things that do not exist.

LSD stands for *lysergic acid diethylamide*. Other names for LSD include:

- Acid
- Blotter
- Cid
- Trips
- Doses
- Microdots
- Windowpanes

LSD is most often soaked into tiny squares of paper. The paper is usually decorated with colorful designs. LSD users place the paper under their tongue.



**Blotter  
Paper**



**Eye Dropper  
(for liquid)**



**Gel  
Squares**



**Tablets**

LSD also comes as a liquid, gelatin squares, or small tablets.

# The worst trip ever.

People who take LSD call it a “trip.” Some trips are pleasant while others are horrible. There is no way of knowing what kind of trip a user might have.



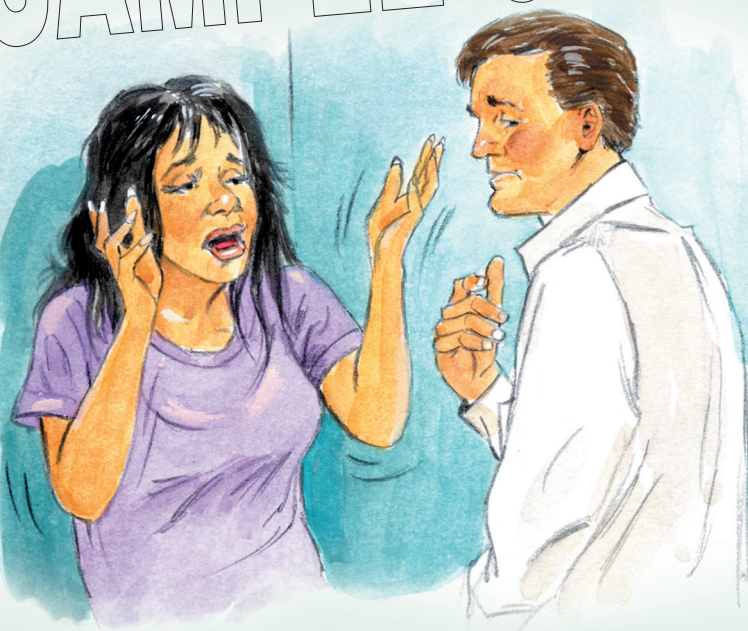
A user starts to feel the effects of LSD 30 to 90 minutes after taking it. The effects of LSD last up to 17 hours. Every use of LSD builds tolerance in a person's body. **Tolerance means they have to take a larger amount of LSD to get the same effects.** This can be very dangerous.

# LSD affects the mind.

LSD affects the parts of the brain that control moods and thoughts. LSD users can change from happy to sad very quickly.

LSD also affects the body in these ways:

- Faster heart rate
- Higher blood pressure
- Nausea
- Numbness
- Shaking hands



# Users cannot control what happens when they take LSD.

Using LSD one time can cause someone to see or hear scary things. Many users get so scared they hurt themselves or others. **Some LSD users have fatal accidents.**

Many LSD users lose control of their thoughts and emotions. **Using LSD causes mental problems like depression.** People who use LSD for a long time can develop a psychosis. Psychosis means they can no longer tell what is real.

A person who uses LSD even one time can have scary flashbacks. A flashback is when a user feels the effects of LSD without taking the drug again. Flashbacks can occur over and over. **Some flashbacks happen months or years after using LSD.**

## LSD causes thousands of emergency room visits each year.

# You can tell if someone is using LSD.

LSD users may seem out of touch. They may say strange things and talk a lot about their fears.

LSD users might also show these signs:

- Very large pupils (the black part of the eye)
- Dizzy, easily confused
- Heavy sweating, body odor
- Dry mouth
- Nausea and vomiting
- Shaking
- Seeing or hearing things that are not there



# LSD users need help. They hurt themselves every time they take LSD.

People who want to quit using LSD can get help through treatment programs. Some places to find these programs are:

- Hospitals
- Public health clinics
- Church groups
- Community centers



**Know the facts. Know the risks.  
Don't use LSD.**

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