Under 21 No Alcohol

It's Against The Law!

UNDERAGE DRINKING RUINS LIVES.

IN THE **KNOW:**

Underage Drinking

What is the big deal?

Alcohol is the most commonly abused drug among people aged 12-20 and kills over 5,000 people under 21 each year. It is a dangerous, addictive and deadly drug.

A Gateway Drug

Underage Drinkers are more likely to try tobacco, marijuana, and other illicit drugs. Forming an addiction at a young age can lead to a lifetime of problems.

Physical Effects
Of Underage Drinking

- SLOWER REACTION TIME
- POOR COORDINATION
- BRAIN DAMAGE
- NAUSEA / VOMITING
- LOW REASONING ABILITY
- SLOWER HEART RATE
- ANXIETY / DEPRESSION
- MEMORY LOSS
- DEATH FROM POISONING

Consequences
Of Underage Drinking

- SCHOOL ABSENCES
- FAILING GRADES
- ARREST & LEGAL TROUBLE
- PHYSICAL / SEXUAL ASSAULT
- ABUSE OF OTHER DRUGS
- JOB LOSS
- SCHOLARSHIP LOSS
- FIGHTING WITH PEERS
- LOSS OF FRIENDS
- DUI & HARM TO OTHERS

DRINKING, DRIVING AND DEATH
- Drunk driving is the **#1 killer** of people **under 21.**

- Many states have **zero tolerance** for underage drunk driving. You may lose your license or worse...

- A DUI can result in heavy fines, jail time, and a criminal record.

WHAT IS BINGE DRINKING?
- Consuming 4 or more drinks rapidly
- 90% of underage drinkers binge drink
- Binge drinkers are **14 times** more likely to drive drunk.
- Causes alcohol poisoning and liver disease

ALCOHOL AND SEXUAL HEALTH
- Abusing alcohol can lead to **unplanned, unwanted and unprotected** sex.

- Many **adolescents make risky sexual decisions** while under the influence of alcohol.

- Alcohol is a significant factor in teenage **pregnancy**, contraction of **STIs** and **sexual assault**.

UNDER 21?
DRINKING IS AGAINST THE LAW!
You could...
- **Lose your driver's license**
- **Pay heavy fines**
- **Go to jail**

Prevent the Problem

Drinking before 21 years of age puts you at a higher risk of developing alcohol dependency or abuse issues later in life.

GETTING HELP
Make the healthy, smart choice and stay away from alcohol. If you do drink, talk to a teacher, counselor or doctor and get the help you need to quit.

You Booze, You Lose!