### **MOLLY IS NOT A SAFE DRUG**

If there is any drug out there that has a reputation different from reality, it must be the drug called "Molly." You are likely to hear people tell you all kinds of reasons it is okay to take Molly. Here are some examples:

- Molly is a pure form of ecstasy, so it's not dangerous to your health.
- Molly isn't addictive and doesn't have any negative side effects.
- Molly is safe to use and gives you a safe high.

If someone is trying to convince you to try a drug you should be suspicious. When you find out the truth about Molly, you'll discover just how dangerous it really is.

#### WHAT IS MOLLY?

It's easy to get confused between Molly and ecstasy, a more well-known drug. They are very similar, but ecstasy normally comes in a tablet form and is mixed with other ingredients like caffeine or even other illegal drugs. Even drug users understand that it is very dangerous to swallow a tablet when you don't know what is in it, so many of them now shy away from using ecstasy to get high. Molly, on the other hand, is the same basic drug as ecstasy (officially known by the initials MDMA), but ideally without any other ingredients mixed in. You will most often see Molly in the form of capsules filled with white powder, or simply in the form of the powder itself.

This illusion of "purity" gives drug users a false sense of security—since they think they know exactly what they're putting in their bodies, they think that they can control it and prevent it from having unwanted effects on them. In reality, because all production of MDMA is illegal, there is no regulation to make sure that it is not contaminated. The white powder looks exactly like other substances, and manufacturers often use those other substances instead to save money. In the worst case scenario, you could ingest a lethal dose of a different drug, thinking it is Molly.



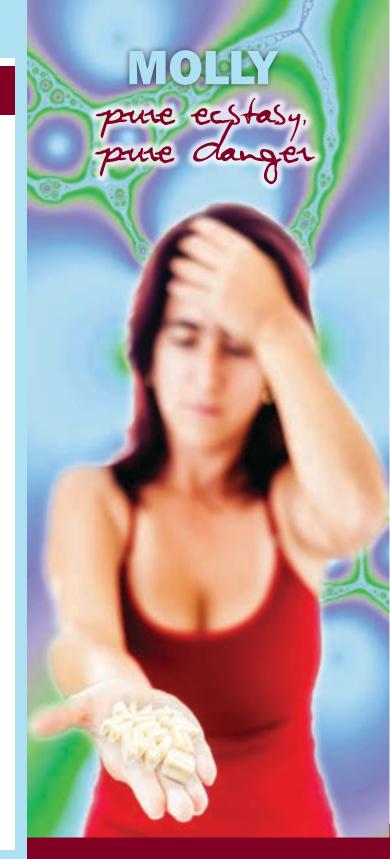
Molly is hyped as a "pure" form of ecstacy (MDMA). The truth is you never know what's in a drug or how strong it is.

# **FOR MORE INFORMATION**

Go to **www.intheknowzone.com** for more information on substance abuse. Increase your knowledge using the information, statistics, images, and links. Test your understanding with a quick quiz.

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### **IMMEDIATE EFFECTS**

When a user introduces Molly to his or her system, its effects begin within 45 minutes. The drug causes the brain to artificially produce serotonin and dopamine, which alter consciousness, perception of surroundings, and mood. It is common for users to report having a false sense of calm, lowered anxiety levels, and a skewed view of the world around them. Molly also causes the user's body to overact, causing high blood pressure, sweating, insomnia, and some very negative effects like nausea and uncontrollable teeth-grinding.



If the psychological effects of using Molly don't sound that bad to you, remember that a false sense of well-being can easily be your worst enemy. It causes you to overlook dangers that you would normally do your best to avoid, leading to injury to yourself and others. As with many other drugs, one of Molly's greatest threats is what it can cause you to do while high on it.



### **OVERDOSE**

Every drug carries the possibility of overdose. Because production is unregulated, you never really know if you are taking the amount of Molly that you planned on. If the dosage is too high, you will suffer extreme hallucinations, heart trouble, organ failure, and possibly immediate death.

## **ONGOING CONSEQUENCES**

Users come down from a Molly high after about six hours, but the problems don't stop there. After taking Molly, a user faces a high risk of hyperthermia, a dangerous increase in the body's temperature. Another well-known effect

is hyponatremia, a lack of balance between water and sodium in the body. Both of these conditions may result in painful side effects and possible death.

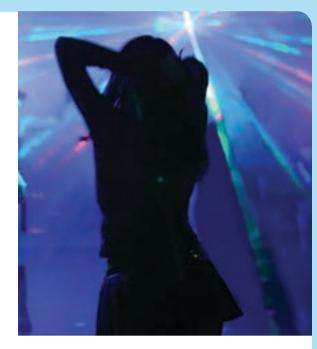
### **LONG-TERM EFFECTS**

If a person continues to use Molly, it becomes harder to achieve a high. As the body builds up tolerance to the drug, users must take more and more to get the same effect. This cycle of higher dosages and increasing tolerance leads to addiction. Long-term addiction to any dangerous substance is devastating and ruins people's lives.

MDMA causes long-lasting damage to the brain's serotonin system, which regulates the processing of information and emotions. Using this drug, even a few times, may result in permanent damage to one's ability to learn, pay attention and remember. Users also suffer from difficulty sleeping and ongoing depression.

### **LEGAL STATUS**

Molly is a Schedule I drug. That means that it is absolutely illegal to sell, distribute, buy, ingest, or even own it. It's in the same legal category as heroin and LSD. No matter what you think about its safety or effects,



you risk serious fines, treatment program requirements, and even jail time by having anything to do with Molly. It's just not worth the damage that a drug conviction would do to your future.

### **FALSE HYPE**

One of the most dangerous things about Molly is the fact that so many people misrepresent its dangers. Well-known music stars include references to "Molly" in their songs, and by contrasting it with contaminated ecstasy, users try to convince young people that they have their safety in mind. Don't be taken in by any claim that an illegal drug is safe—you can be 100% sure that it carries serious legal, health, and addiction consequences that will stretch far into the future...

That is, if it does not kill you first.

If the dosage is too high, you will suffer extreme hallucinations, heart trouble, organ failure, and possibly immediate death.