>INFOCUS

SEXUAL ASSAULT

What is Sexual Assault?

Sexual assault comes in a variety of forms, including rape, attempted rape, as well as unwanted sexual touching and fondling. Anyone can be a victim of sexual assault.



sexual assault every year.



While you can't prevent sexual assault, you can reduce your risk of assault.

- Be aware of your surroundings and avoid isolated areas.
- Stay in the company of friends.
- · Don't accept drinks from strangers and keep your drink with you.
- Walk with purpose.
- · Always keep your cell phone handy and fully charged.
- · Leave if you feel uncomfortable. Trust your instincts!





What should you do if you are sexually assaulted?

- · Get to a safe location and contact someone you trust.
- Preserve evidence of the attack don't change your clothes or bathe.
- Write down as many details as you can about the perpetrator and the attack.
- Call 9-1-1
- · Seek medical attention.
- Recognize that this was not your fault and that healing will take time.



in sexual activity.

- · Before any sexual contact or activity, get verbal consent.
- If your partner says "Stop" or "No," stop sexual activity.
- · Don't engage in sexual activity with individuals who are excessively intoxicated.



ONE in SIX women has been a victim of sexual assault.

Help others stay safe, too!

- Be an ally stay with your friends and use the buddy system.
- Offer to call a cab for friends who are intoxicated
- · If someone is in danger of being assaulted, call 9-1-1 or offer assistance if it's safe.

