

HIV/AIDS

HIV/AIDS is the deadliest of all sexually transmitted infections (STIs). There is still no cure. You have to know the facts to prevent infection.

FAST FACTS

- Human Immunodeficiency Virus (HIV)— causes AIDS
- Acquired Immune Deficiency Syndrome (AIDS)—destroys your body's ability to fight diseases

PUTTING YOURSELF AT RISK

HIV is carried in blood, semen, saliva or vaginal fluid. Any of these activities put you at risk for getting HIV:

- Vaginal, oral or anal sex without a condom
- Sharing needles for tattooing or drug use
- Direct contact with any HIV-infected fluids

LOOKING FOR SIGNS/SYMPTOMS

Signs may include swollen glands, feeling tired, fever, and unexplained weight loss.

A person can feel perfectly healthy and still be infected with HIV. The only way to know for sure is to get tested by a doctor.

AVOID INFECTION
GET TESTED!



HOW HIV/AIDS AFFECTS YOUR HEALTH

AIDS destroys your body's ability to fight off diseases. Even a common cold can be deadly to an infected person.

TREATING HIV/AIDS

Medications can slow the spread of HIV, but there is no cure.

WAY TO GO

- Avoid all sexual contact
- Have sex with only one, uninfected partner who only has sex with you
- Use a condom during vaginal, oral or anal sex
- Avoid direct contact with blood, semen, saliva or vaginal fluid
- Don't share needles for shooting drugs, tattoos, or anything else
- Get tested once a year by your doctor or at a clinic

STOP