

HERPES

Herpes is a sexually transmitted infection (STI) with no cure. But it can be easily prevented if you know the facts.

FAST FACTS

- **Herpes Type 1** - mostly infects mouth and lips
- **Herpes Type 2** - infects the genitals
- One in five people over the age of 12 in the U.S. have herpes type 2

PUTTING YOURSELF AT RISK

Vaginal, oral or anal sex with an infected person puts you at risk.

Skin-to-skin contact can also spread infection. Condoms only protect the areas they cover.

Oral sex can spread herpes type 1 from mouth to genitals.

LOOKING FOR SIGNS/SYMPTOMS

Herpes Type 1 - Cold sores on mouth and lips

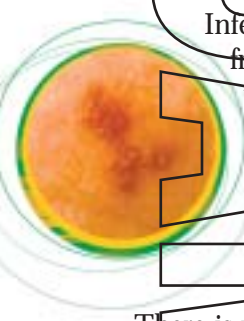
Herpes Type 2 - Painful blisters on the genitals (penis or vagina) or anus. The blisters are filled with a clear liquid that carries the infection.

The blisters come and go up to five times a year. Risk of spreading the infection can be high even when there are no blisters.

AVOID INFECTION

GET TESTED!

HOW HERPES AFFECTS YOUR HEALTH



Infected people feel pain and itching from blisters. They are more likely to get or spread HIV/AIDS. Herpes can be fatal to newborn babies.

TREATING HERPES

There is no cure for herpes. Medicine can make the blisters less painful, but you are still infected.

PREVENTING HERPES

- Avoid all sexual contact
- Have sex with only one, uninfected partner who only has sex with you
- Use a condom during all types of sexual contact—vaginal, oral or anal
- Get tested once a year by your doctor or at a clinic

STOP