

HEPATITIS

Hepatitis is a liver infection that can spread through sexual contact. The three most common types of hepatitis are called A, B, or C.

FAST FACTS

- One-third of all Americans get hepatitis A during their lives
- 77,000 new cases of hepatitis B spread through sexual contact each year
- Eighty percent of people with hepatitis C show no outward signs

PUTTING YOURSELF AT RISK

Hepatitis is spread by coming into contact with infected blood, saliva, or semen.

Vaginal, oral, or anal sex puts you at risk for hepatitis. Other activities that put you at risk include sharing needles for drug use or tattooing, sharing razors or toothbrushes, and traveling places with unclean conditions.

LOOKING FOR SIGNS/SYMPTOMS

People with hepatitis may not show any signs. Some common symptoms include:

- Yellow eyes and skin (jaundice)
- Nausea, diarrhea, loss of appetite
- Tiredness (fatigue)
- Stomach pain

AVOID INFECTION

GET TESTED!



HOW HEPATITIS AFFECTS YOUR HEALTH

Hepatitis damages your liver's ability to purify what you eat and drink.

You are also at risk for liver cancer or other liver diseases, like cirrhosis.

TREATING HEPATITIS

Hepatitis can be treated with drugs from your doctor. But any damage caused will be permanent.

WAY TO GO

- Avoid all sexual contact
- Have sex with only one, uninfected partner who only has sex with you
- Use a condom during vaginal, oral, or anal sex
- Avoid contact with infected blood, saliva, or semen
- Don't share needles
- Avoid eating foods that look uncooked or unclear

STOP