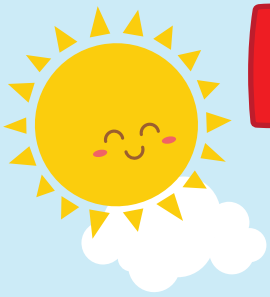


HEALTHY MIND, HAPPY ME!

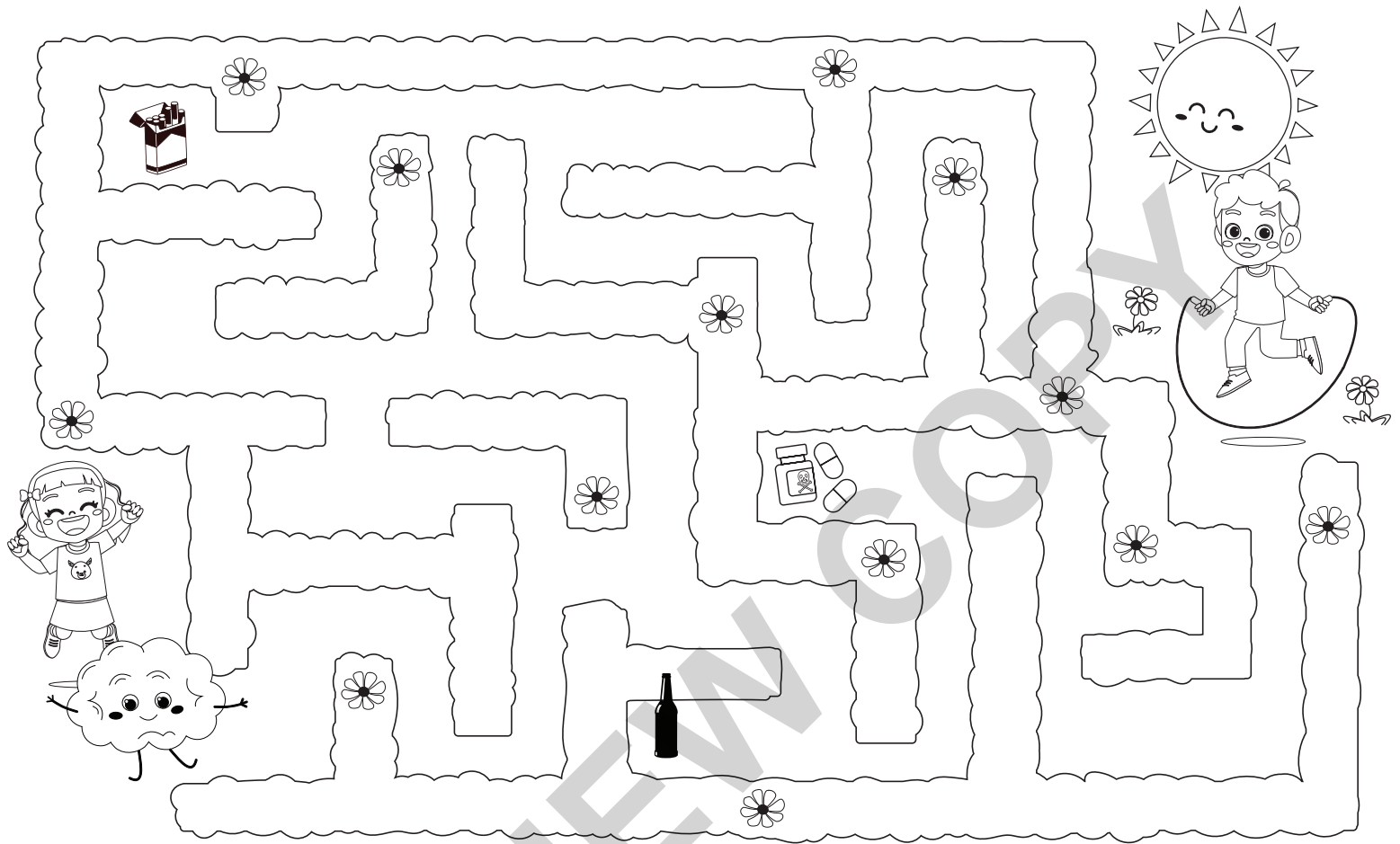


BE DRUG FREE!



CRAZY MAZE

Make your way through the garden and to your friends!
But watch out! Going down the wrong path could lead to dangerous substances!



SECRET MESSAGE

Follow the instructions to discover the secret message!



1. Cross out all C's. ☐
2. Cross out all J's. ☐
3. Cross out all O's. ☐
4. Cross out all S's. ☐

C	H	E	J	A	O	L	S	T	H	C	Y
M	I	J	N	O	D	S	H	A	C	P	J
P	O	Y	M	S	E	C	B	J	E	D	O
R	U	S	G	F	C	R	J	E	O	E	S

Now write the remaining letters, in order from left to right, into the blank spaces below.

_ _ _ _ _
 _ _ _ _ _
 _ _ _ _ _

HEALTHY MIND WORD SEARCH

Here is a list of healthy things to do to make your body feel good. Look for them up, down, and across.



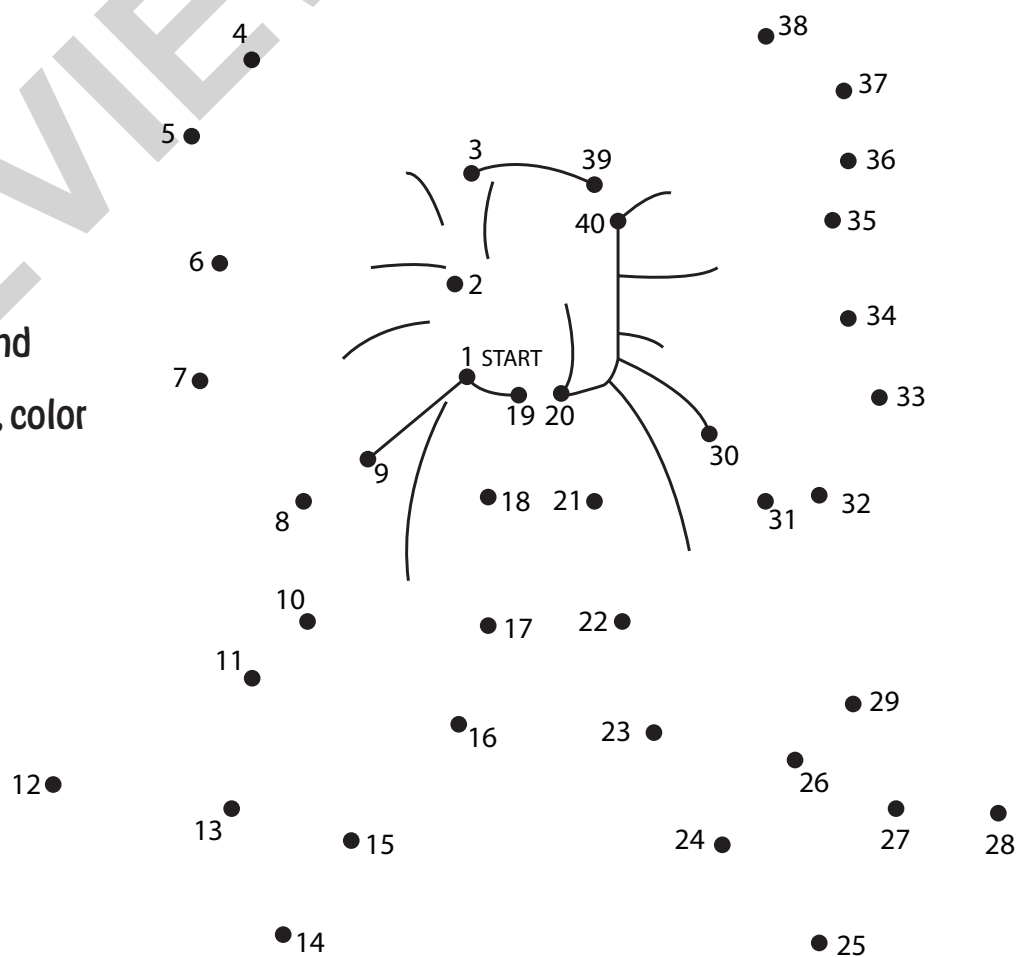
WORD BANK

D	B	K	S	P	O	R	T	S	E
A	I	P	W	O	R	E	A	D	V
N	K	S	I	N	G	Z	B	S	K
C	E	F	M	U	O	N	G	K	L
E	C	U	D	R	A	W	H	A	A
P	L	A	Y	P	A	I	N	T	W
L	A	U	G	H	C	A	S	E	Q

PAINT	SKATE	LAUGH
SPORTS	WALK	DANCE
RUN	PLAY	DRAW
BIKE	READ	SING
SWIM		

CONNECT THE DOTS

Connect the dots, starting at 1 and ending at 40. When you're done, color it red to reveal the special item!



TAKE THE PLEDGE!

Having a healthy mind means keeping far away from drugs. I want to be healthy and active, and I know that drugs will never help me stay that way. I love my mind, so I'm taking the drug free pledge!

- I promise my family, friends, and teachers that I will always do the best for my mind by staying drug free!
- I promise to help those around me have a healthy mind by encouraging everyone to be drug free!
- I promise to be a good example of a drug free and healthy-minded kid!

SIGN YOUR NAME HERE

I HAVE A HEALTHY MIND,
I AM HAPPY,



I'M DRUG
FREE!