

# HALLUCINOGENS

Hallucinogens are powerful drugs that distort a user's perceptions of reality. While under the influence of these drugs, a user might see, hear, or feel things that, while very realistic, do not exist. Hallucinogens are unpredictable, causing different effects in different people, which makes them particularly dangerous when abused.

## PSYCHOLOGICAL EFFECTS OF HALLUCINOGENS

Distorted Perception Of Time

Feelings Of Floating Or Physical Heaviness

Feeling That One Can See Sound Or Hear Colors

Rapid Mood Swings

Paranoia And Anxiety

The Belief That One's Senses Are Heightened Feeling Detached From The Environment Or "Out Of Body"

### LSD



LSD, lysergic acid diethylamide, is created from ergot, a fungus that grows on rye and other grains. It is:

- Popularly known as "acid."
- Clear or white with a slightly bitter taste.
- Available in tablet, capsule, and liquid form.
- Most commonly added to blotter paper, which dissolves in the mouth.

LSD's hallucinogenic experiences are referred to as "trips" – these can last up to 12 hours. Users may experience:

Elevated heart rate and blood pressure  
Dizziness  
Sweating  
Insomnia

LSD is about 100 times more potent than hallucinogenic mushrooms. Almost 25 million people in the U.S. have used LSD.

### Psilocybin & Psilocyn



These hallucinogenic components are found in more than 75 types of mushrooms. These mushrooms may be brewed as a tea or consumed with other foods. Their effects can last up to 6 hours and may include:

- Drowsiness
- Numbness of the tongue, lips, or mouth
- Nausea and vomiting
- Muscle weakness

### Mescaline & Peyote



Mescaline comes from the peyote cactus plant. Disc-shaped buttons of this plant can be chewed, ground up, or soaked in liquid. The effects last up to 6 hours and can include:

- Elevated heart rate
- Increased body temperature
- Impaired coordination
- Sweating and chills

### PCP



Phencyclidine, PCP, is a white, crystalline powder with a bitter chemical taste. Effects may last from 4 to 6 hours. It is one of the most dangerous hallucinogens as users may experience:

- Extreme agitation
- Increased heart rate
- Flushing and excessive sweating
- Violent or suicidal behavior
- Coma & death

## THE EFFECTS OF LONG-TERM USE

Hallucinogens can have erratic effects – there's no telling what they might do to you. Keep your head and say "No, thanks" to these hazardous drugs.

Depression  
Psychological Dependence

Flashbacks Of Hallucinations That May Occur Years After The Last Use

Impaired Memory And Concentration

Decreased Motivation  
Psychosis

Anxiety

Stay in Your Right Mind - Don't Trip Yourself Up With Hallucinogens