

# D.O.A.

## DRUGS OF ABUSE

Every year, drug and alcohol abuse costs over \$700 billion, causes over half a million visits to emergency rooms, and kills thousands. In this country more than 25 million people abused drugs in 2013, and about 16.3 million people are dependent on alcohol. Being familiar with the names and effects of common drugs is the critical first step in preventing or reducing drug abuse.



### MARIJUANA

DRUGS	COMMON NAMES	METHODS OF USE	EFFECTS OF USE	LONG TERM EFFECTS	OVERDOSE
MARIJUANA	Weed, pot, grass, bud, joints, bong hits	Smoked or ingested	Poor concentration, short-term memory loss, anxiety, increased appetite.	Psychological addiction, impaired memory, low motivation, lung or oral cancer	No single use of cannabis will cause overdose. Damage occurs over time.
HASHISH	Hash, hash oil	Smoked or ingested			



### DEPRESSANTS

DRUGS	COMMON NAMES	METHODS OF USE	EFFECTS OF USE	LONG TERM EFFECTS	OVERDOSE
ALCOHOL	Beer, wine distilled spirits	Ingested	Disorientation, poor coordination, slurred speech, headache, nausea, vomiting, diarrhea, unconsciousness	Addiction, sleep disturbances, brain damage, heart disease, liver disease, cancer, death	Unconsciousness, slowed heart rate, brain damage, liver failure, coma, seizures, death
BENZODIAZEPINES	Xanax, valium, halcion, BZDs, benzos	Ingested			
BARBITUATES	Luminal, seconal, barbs, downers	Ingested			
ROHYPNOL	Roofies, forget-me-pill	Ingested or snorted			
GHB <small>(Gamma Hydroxybutyrate)</small>	Grievous bodily harm, G, liquid x	Ingested			



### STIMULANTS

DRUGS	COMMON NAMES	METHODS OF USE	EFFECTS OF USE	LONG TERM EFFECTS	OVERDOSE
COCAINE/CRACK	Coke, blow, crack, rock	Snorted, smoked or injected	Increased alertness, false sense of power, hallucinations, itchy skin, compulsive tooth grinding, nausea, insomnia	Addiction, nasal damage, tooth decay, heat stroke, liver and kidney damage, brain damage, heart failure	Elevated body temperature, dehydration, hallucinations, heart failure, stroke, death
AMPHETAMINES	Speed, uppers, cross-tops	Ingested			
METHAMPHETAMINE	Meth, crystal, speed, crank, ice	Snorted, smoked or injected			
MDMA	Ecstasy, X, XTC, rolls, Adam, love drug	Ingested			



### NARCOTICS

DRUGS	COMMON NAMES	METHODS OF USE	EFFECTS OF USE	LONG TERM EFFECTS	OVERDOSE
HEROIN	Dope, smack, stuff, horse, junk	Injected, snorted, or smoked	Confusion, drowsiness, blocked pain messages, slowed breathing and heart rate, nausea and vomiting, itching, constipation	Addiction, insomnia, arthritis, increased risk of HIV/AIDS and hepatitis, possible death	Loss of consciousness, tremors, slow and shallow breathing, clammy skin, convulsions, coma, death
MORPHINE	Roxanol, duramorph, M, Miss Emma	Injected, ingested, or smoked			
PRESCRIPTION PAIN RELIEVERS	Vicodin, codeine, percodan, oxycontin, olys, percs	Injected, ingested or snorted			
FENTANYL	Acryl, Furanyl, Pink Carfantanyl, Grey Death,	Injected, smoked, vaped, snorted, topical or injected	Slowed breathing/heart rate, constricted pupils, weakness, clammy skin, hallucinations	Organ damage, deterioration of mental health, seizures, insomnia	Difficulty swallowing, respiratory & cardiac arrest, slurred speech, confusion, death
SYNTHETIC DRUGS	K-2, Spice, Black Mamba, Bath Salts, Mephedrone, 2C-1, Krokodil	Vaped, snorted, smoked or injected or ingested	Altered times sense, anxiety, paranoia, unresponsive, hallucinations	Aggressive behavior, insomnia, tremors, seizures, memory loss, skin necrosis	Nausea/vomiting, rapid heart rate, seizures, confusion, unconsciousness, coma or death



### HALLUCINOGENS

DRUGS	COMMON NAMES	METHODS OF USE	EFFECTS OF USE	LONG TERM EFFECTS	OVERDOSE
LSD	Acid, microdot, blotter, tabs	Ingested	Sensing imaginary things, anxiety, nausea, sense of indestructibility, chills and sweating, trembling, elevated body temperature	Depression, memory loss, speech difficulties, flashbacks, violence, psychosis, amnesia	Depression, irrational behavior, violence, psychosis, delerium, amnesia
KETAMINE	Special K, vitamin K, cat tranquilizers	Ingested, snorted or injected			
MESCALINE/PEYOTE	Buttons	Ingested			
PCP	Angel dust, super weed, killer weed	Ingested, smoked or injected			
PSILOCYBIN/PSILOCYN MUSHROOMS	Mushrooms, shrooms	Ingested			



### INHALANTS

DRUGS	COMMON NAMES	METHODS OF USE	EFFECTS OF USE	LONG TERM EFFECTS	OVERDOSE
ADHESIVES, SOLVENTS, AEROSOL SPRAYS, MEDICAL GASSES	Poppers, snappers, huffing, glue, laughing gas, rush	Sniffing or inhaling	Headaches, nausea and vomiting, red or blistered nose and mouth, limb spasms, lost control of bladder and bowels	Damaged senses, muscle weakness, nerve damage, blood disease, damage to brain, liver and kidneys	Death by asphyxiation/suffocation, death by sudden heart failure



### ANABOLIC STEROIDS

DRUGS	COMMON NAMES	METHODS OF USE	EFFECTS OF USE	LONG TERM EFFECTS	OVERDOSE
ANADROL, DEPO-TESTOSTERONE, EQUIPOISE, and many others	Roids, juice, sauce, slop, gym candy, stacking	Injected, ingested, or applied to skin	Poor concentration, aggression, acne and rashes, headaches, nausea, vomiting and diarrhea, bone pain and muscle cramps	Aggression, poor blood clotting, heart attacks, liver and kidney cancer, stunted growth, deformed genitals	Swelling, elevated blood pressure, convulsions