THERE'S NO SURE WAY TO PREVENT CANCER, BUT YOU CAN HELP REDUCE YOUR RISK BY MAKING HEALTHY CHOICES

WHEN BREAST CANCER IS DETECTED EARLY AND HAS NOT SPREAD, THE 5-YEAR SURVIVAL RATE IS 99%

ABOUT 5 TO 10 PERCENT OF CANCERS ARE THOUGHT TO BE HEREDITARY

PHYSICAL ACTIVITY MAY REDUCE YOUR RISK FOR MANY CANCERS INCLUDING: BREAST, COLON, AND LUNG

SOME TYPES OF CANCER RUN IN CERTAIN FAMILIES, BUT MOST CANCERS ARE NOT CLEARLY LINKED TO OUR GENES

9 OUT OF 10 LUNG CANCERS DEATHS ARE CAUSED BY SMOKING CIGARETTES OR SECONDHAND SMOKE EXPOSURE

NEARLY 36,000 PEOPLE ARE ESTIMATED TO BE AFFECTED BY A CANCER CAUSED BY HPV INFECTION EACH YEAR

UP TO 75% OF AMERICAN CANCER DEATHS CAN BE PREVENTED

PREVIEW ONLY