

WHAT IS ACQUAINTANCE RAPE?

Acquaintance rape is a sex crime committed when someone who knows the victim - a boyfriend/girlfriend, a date, classmate, coworker, friend, relative, neighbor, teacher or even someone you just met - uses any form of coercion (including drugs or alcohol), violence, manipulation or threats to force unwanted sexual contact. Acquaintance rape is also referred to as "date rape."

WHAT IS CONSENT?

Consent is when someone agrees, gives permission or says yes to sexual activity. This means a voluntary, eager, "yes-I-want-to-glad-you-asked" type of consent - not a consent that's assumed because of silence, previous sexual history, or what the person is wearing. When consent is ignored, it is sexual assault. This may seem difficult or complicated - but it's not!

If there's any uncertainty at all, just ask. It could be as easy as five simple words: "Do you really want to?"

You've probably heard the phrase "no means no." This is true, but this expression is not the whole story because there are many other ways to communicate no. A person does not have to yell no, scream, kick, or bite for it to be exceedingly clear that they don't want to engage in sexual activity. Freezing up, saying you're tired, crying, or pulling away are all ways to communicate no. Your partner should respect and listen to what you are communicating.

CONSENT MUST BE VERBAL AND EXPLICIT

FACTS

- **80-90%** of college students who reported sexual assault knew their attacker.
- **14%** of acquaintance sexual assaults occurred from a dating app first in-person meeting.
- **80+%** of rapes are committed by someone known to the victim.
- **93%** of juvenile victims knew the perpetrator.
- **33%** of rapes are committed by a current or former spouse, boyfriend, or girlfriend.

FOR MORE INFORMATION

If you are a victim of acquaintance rape, resources are available.

National Sexual Assault Hotline

800-656-HOPE (4673)

Live Chat rainn.org

Go to **www.intheknowzone.com** for more information on substance abuse.

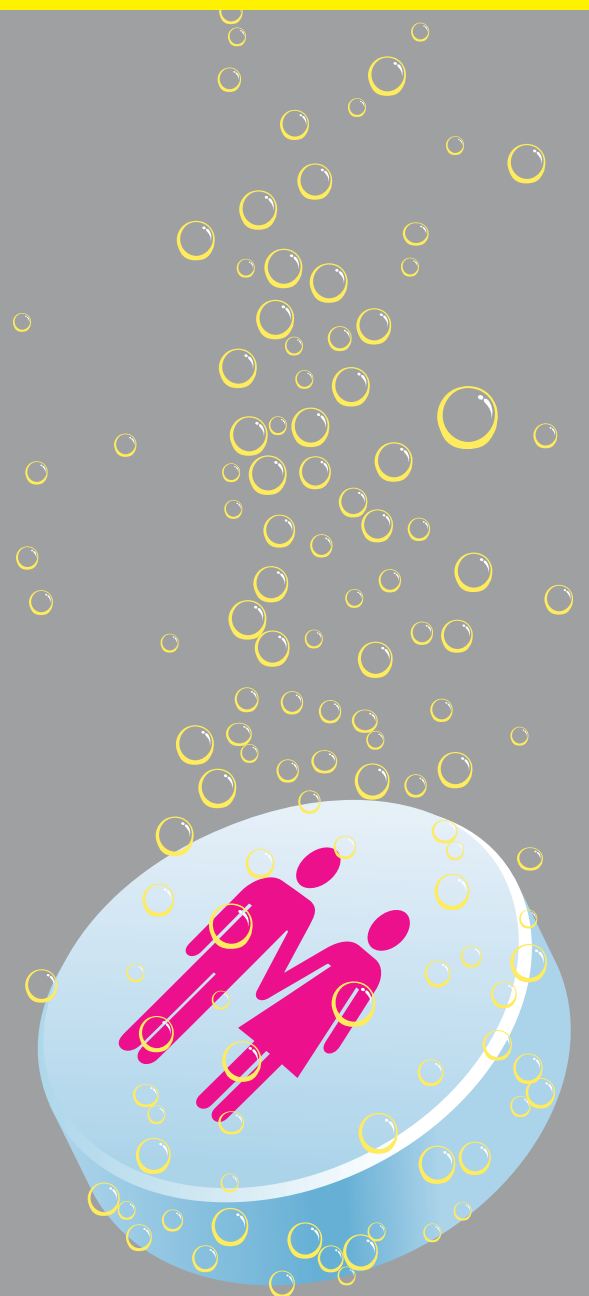
Increase your knowledge using the information, statistics, images, and links. Test your understanding with a quick quiz.

**Don't stay in the dark.
Get In the Know!**

in the know

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ACQUAINTANCE RAPE, DRUGS, AND YOU



A person does not have to yell no, scream, kick, or bite for it to be exceedingly clear that they don't want to engage in sexual activity.



DANGERS WE CAN'T SEE

There are several very dangerous drugs used to sedate potential rape victims. Powerful, odorless, tasteless drugs like G.H.B., Rohypnol and Ketamine that dissolve quickly and invisibly into liquids are being used to secretly spike people's beverages. These drugs cause rapid and severe intoxication, dramatically reduced inhibitions, and memory loss. A person who is on any of these drugs would not be able to consent to sexual activity or defend themselves against an attacker.

G.H.B. - (Gammahydroxybutyrate, Liquid E, Liquid X, Grievous Bodily Harm) A clear, odorless liquid or white powder that leads to a deep coma-like sleep, shallow breathing, decreased blood pressure, and short-term memory loss. Use of G.H.B. can be fatal.

Rohypnol - (Roofies, La Roche, R-Z, Rib, Roll n' Fall, The Forget Pill) A drug used as a muscle relaxant and to treat insomnia. It is NOT legal in the United States due to adverse side effects. Rohypnol makes the user look and act

drunk - trouble standing, slurred speech, or passing out.

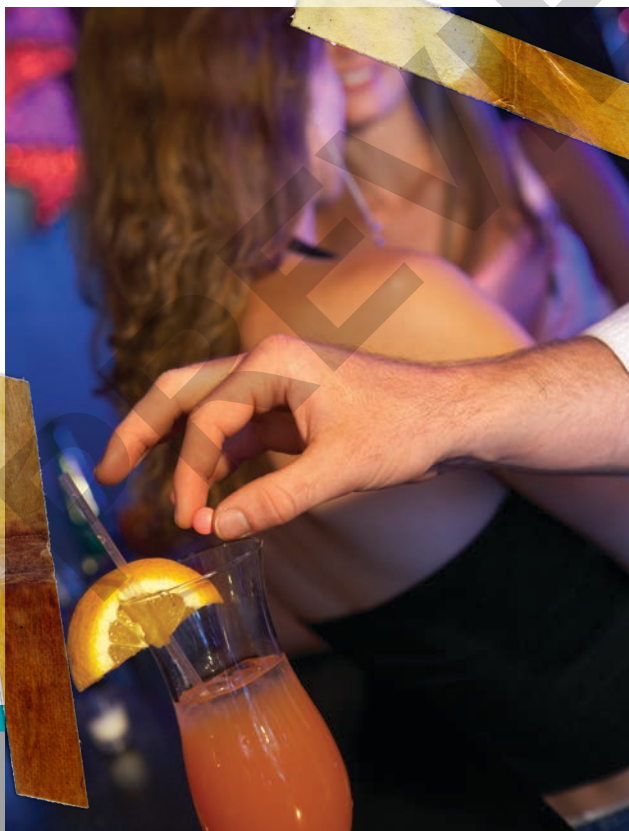
Ketamine - (Special K, Black Hole, Kit-Kat) An anesthetic used for animals. Ketamine is often stolen from vet clinics. This drug is fast-acting. You may be aware of what is happening to you, but you will be unable to move.

Possessing a controlled substance, like the drugs listed above, with the intent to commit a crime of violence, which includes sexual assault, is a crime punishable with severe sentences of up to twenty years in jail or life imprisonment.

Protect yourself and your friends! If you see someone messing with a drink, report it or tell the owner of the drink.

RAPID INTOXICATION

REDUCE YOUR RISK



HOW DO I PROTECT MYSELF?

Tell Everyone Your Business -

Tell a friend, family member or roommate where you are going, who you will be with and what time you expect to be home.

Watch Your Drink -

If it was left unattended - dump it.

Keep Your Social Media Private -

Do not put your address online or tag your location. Use privacy settings to your advantage.

Trust Your Instincts -

If you feel nervous or suspicious of your date or situation don't hesitate to leave.

Party Responsibly -

Alcohol and other drugs make it harder to stay in control of your situation.

Use the Buddy System -

Go to parties and bars with trusted friends and look out for each other.

Stay in Public -

Never go anywhere private or alone with someone you don't know, or don't know well.

Get Your Own Ride -

Use a ride-share, cab, bus, or take your own car.

Protect Yourself -

Self Defense classes, a high-pitched whistle, or even mace can help you prevent an attack.

Respect Your Dates Wishes -

Listen and don't push.

Stop When You Hear "No" -

Stop if you don't hear "yes."

WHAT TO DO?

If you or someone else are a victim of acquaintance rape:

1. Get Help.

Go to a safe place away from the perpetrator. Tell a friend. If a friend or relative has informed you they have been attacked comfort them and make them feel safe.

2. Remember This Is Not Your Fault.

Rape is not the punishment for poor judgement. The only person to blame is the rapist. If your friend/relative comes to you for support, do not get angry or upset at the victim. Focus your emotions on the perpetrator.

3. Seek Medical Attention.

Do not shower, brush your teeth, wash your hands, or change your clothes. Medical personnel and law enforcement may need to collect evidence. Discuss screenings for possible STI's and ways to prevent an unwanted pregnancy.

4. Contact Law Enforcement.

Report your rape.

5. Seek Counseling.

Healing takes time. Do not be afraid to seek help and support from a professional.

THIS IS NOT YOUR FAULT