

Acquaintance Rape, Drugs, and YOU

80+% of rape victims
know their attackers.

What is Acquaintance Rape?

Acquaintance Rape is a sex crime committed when someone who knows the victim - even someone they just met - uses any form of coercion (drugs or alcohol), violence, manipulation or threats to force unwanted sexual contact. Acquaintance rape is also referred to as "date rape."

Date Rape Drugs

There are several very dangerous drugs used to sedate potential rape victims. Powerful, odorless, tasteless drugs like G.H.B., Rohypnol and Ketamine that dissolve quickly and invisibly into liquids are being used to secretly spike people's beverages. These drugs cause rapid and severe intoxication, dramatically reduced inhibitions, and memory loss. A person who is on any of these drugs would not be able to consent to sexual activity or defend themselves against an attacker.

What is consent?

Consent is when someone agrees, gives permission or says yes to sexual activity.

What does NOT equal consent?

SILENCE & SUBMISSION \neq CONSENT

DATING \neq CONSENT

PAST INTIMACY \neq CONSENT

KISSING \neq CONSENT

CERTAIN CLOTHES \neq CONSENT

BEING DRUNK OR HIGH \neq CONSENT

ASSUMING IT'S OK \neq CONSENT

CONSENT MUST BE
VERBAL AND EXPLICIT.



ROHYPNOL

Looks:

White or olive-green pill

Effects:

Acting extremely drunk, trouble standing, slurred speech, or passing out



G.H.B.

Looks:

Clear, colorless liquid or white powder

Effects:

Deep coma like sleep, shallow breathing, decreased blood pressure, short-term memory loss



KETAMINE

Looks:

White powder or clear liquid

Effects:

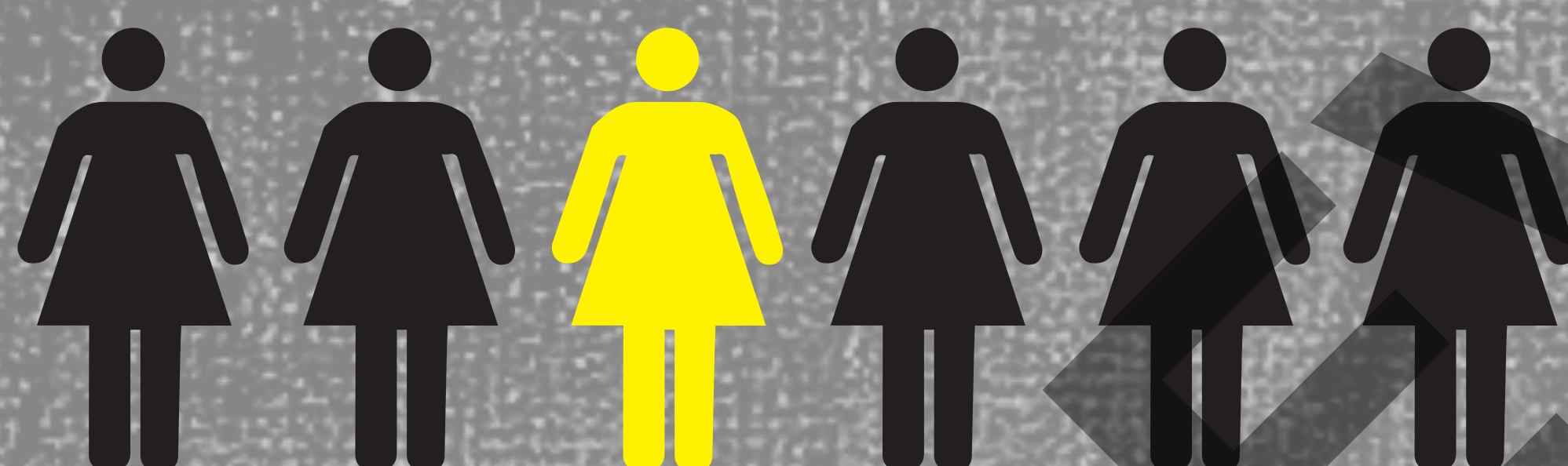
Detached dream-like state where it is difficult to move, numbness, hallucinations

What to Do?

If you or someone else are a victim of acquaintance rape:

1. Get help. Go to a safe place.
2. Tell a friend.
3. Remember this is not your fault.
4. Seek medical attention. Do not shower, brush your teeth, wash your hands, or change your clothes.
5. Contact law enforcement. Report your rape.
6. Seek counseling. Healing takes time.

1 in 6 women have been
victim of attempted or
completed rape.



How Do I Protect Myself?

Tell Everyone Your Business

Tell a friend, family member or roommate where you are going, who you will be with and what time you expect to be home.



Use the Buddy System

Go to parties and bars with trusted friends and look out for each other.

Party Responsibly

Alcohol and other drugs make it harder to stay in control of your situation.

Watch Your Drink

If it was left unattended - dump it.



Stay in Public

Never go anywhere private or alone with someone you don't know, or don't know well.

Keep Your Social Media Private

Do not put your address online or tag your location. Use privacy settings to your advantage.

Get Your Own Ride

Use a ride-share, cab or bus, or take your own car.



Trust Your Instincts

If you feel nervous or suspicious of your date or situation don't hesitate to leave.



Protect Yourself

Self Defense classes, a high-pitched whistle, or even mace can help you prevent an attack.

Where To Find Help

If you or someone you know believes they are a victim of acquaintance rape or may have been given date rape drugs there are people who can help.

The National Sexual Assault Hotline 800.656.HOPE (4673)

Live Chat - rainn.org