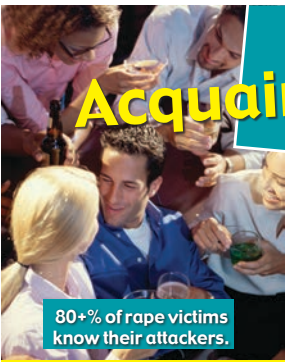


Acquaintance Rape, Drugs, and YOU



80+% of rape victims know their attackers.

What is Acquaintance Rape?

Acquaintance Rape is a sex crime committed when someone who knows the victim - even someone they just met - uses any form of coercion (drugs or alcohol), violence, manipulation or threats to force unwanted sexual contact. Acquaintance rape is also referred to as "date rape."

Date Rape Drugs

There are several very dangerous drugs used to sedate potential rape victims. Powerful, odorless, tasteless drugs like G.H.B., Rohypnol and Ketamine that dissolve quickly and invisibly into liquids are being used to secretly spike people's beverages. These drugs cause rapid and severe intoxication, dramatically reduced inhibitions, and memory loss. A person who is on any of these drugs would not be able to consent to sexual activity or defend themselves against an attacker.

What is consent?

Consent is when someone agrees, gives permission or says yes to sexual activity.

What does NOT equal consent?

- SILENCE & SUBMISSION **≠** CONSENT
- DATING **≠** CONSENT
- PAST INTIMACY **≠** CONSENT
- KISSING **≠** CONSENT
- CERTAIN CLOTHES **≠** CONSENT
- BEING DRUNK OR HIGH **≠** CONSENT
- ASSUMING IT'S OK **≠** CONSENT

CONSENT MUST BE VERBAL AND EXPLICIT.

ROHYPNOL

Looks: White or olive-green pill
Effects: Acting extremely drunk, trouble standing, slurred speech, or passing out

G.H.B.

Looks: Clear, colorless liquid or white powder
Effects: Deep coma like sleep, shallow breathing, decreased blood pressure, short-term memory loss

KETAMINE

Looks: White powder or clear liquid
Effects: Detached dream-like state where it is difficult to move, numbness, hallucinations

What to Do?

If you or someone else are a victim of acquaintance rape:

1. Get help. Go to a safe place.
2. Tell a friend.
3. Remember this is not your fault.
4. Seek medical attention. Do not shower, brush your teeth, wash your hands, or change your clothes.
5. Contact law enforcement. Report your rape.
6. Seek counseling. Healing takes time.

1 in 6 women have been victim of attempted or completed rape.



14% of acquaintance sexual assaults occurred from a dating app first in-person meeting.

90% of rape victims who know their attacker do not report the crime.

How Do I Protect Myself?

Tell Everyone Your Business

Tell a friend, family member or roommate where you are going, who you will be with and what time you expect to be home.



Watch Your Drink

If it was left unattended - dump it.



Keep Your Social Media Private

Do not put your address online or tag your location. Use privacy settings to your advantage.

Trust Your Instincts

If you feel nervous or suspicious of your date or situation don't hesitate to leave.



Party Responsibly
Alcohol and other drugs make it harder to stay in control of your situation.

Use the Buddy System

Go to parties and bars with trusted friends and look out for each other.

Stay in Public
Never go anywhere private or alone with someone you don't know, or don't know well.

Get Your Own Ride

Use a ride-share, cab or bus, or take your own car.



Protect Yourself
Self Defense classes, a high-pitched whistle, or even mace can help you prevent an attack.

Where To Find Help

If you or someone you know believes they are a victim of acquaintance rape or may have been given date rape drugs there are people who can help.

The National Sexual Assault Hotline 800.656.HOPE (4673)
Live Chat - rainn.org