



# What's in a name?

Familiarizing yourself with the slang terms below will help you to identify these six harmful drugs. Write the letter of the drug in the blank next to its common street name. Each answer will be used more than once.

a. Marijuana b. Alcohol c. LSD d. Cocaine e. Heroin f. Inhalants

- |                          |                       |                       |
|--------------------------|-----------------------|-----------------------|
| 1. _____ Horse           | 9. _____ Smack        | 17. _____ Brew        |
| 2. _____ Poppers         | 10. _____ Snow        | 18. _____ Rush        |
| 3. _____ Booze           | 11. _____ Microdot    | 19. _____ Skunk       |
| 4. _____ White Lightning | 12. _____ Reefer      | 20. _____ Toot        |
| 5. _____ Liquor          | 13. _____ Junk        | 21. _____ Window Pane |
| 6. _____ Coke            | 14. _____ Crack       | 22. _____ Moon Gas    |
| 7. _____ Weed            | 15. _____ Sugar Cubes | 23. _____ Mary Jane   |
| 8. _____ Pot             | 16. _____ Ganja       | 24. _____ Flake       |

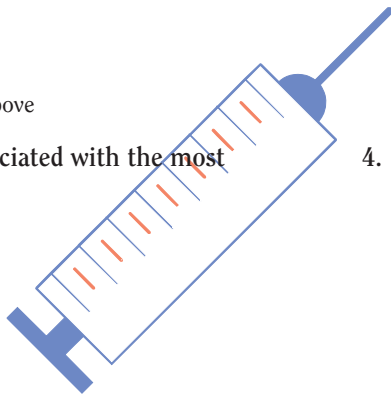
(Answers: 1. e; 2. f; 3. b; 4. c; 5. b; 6. d; 7. a; 8. a; 9. e; 10. d; 11. c; 12. a; 13. e; 14. d; 15. c; 16. a; 17. b; 18. f; 19. f; 20. d; 21. c; 22. f; 23. a; 24. d)

## Improving your drug I.Q. is as easy as

# a, b, c, or d.

Circle the best answer.

- Babies born addicted to this drug must undergo withdrawal after birth.
  - tobacco
  - heroin
  - marijuana
  - none of the above
- Which drug is associated with the most teenage deaths?
  - alcohol
  - crack
  - tobacco
  - marijuana
- What is the most commonly abused controlled, illegal drug in the United States?
  - alcohol
  - crack
  - tobacco
  - marijuana
- This drug produces a craving so powerful that laboratory animals will self-administer it continuously until they die:
  - cocaine
  - LSD
  - marijuana
  - heroin



(Answers: 1. b; 2. a; 3. d; 4. a)

## Be a Know-It-All

- Know the different types of drugs.
- Know the dangers and consequences associated with drug use.
- Know the street names of each drug.
- Know what drugs look like.
- Know the signs of drug abuse.
- Know how to get help if you or someone you know is abusing drugs.
- Know the healthy alternatives to drug use.



# What is Your Drug I.Q.?

# I.Q.



## Test Your Knowledge of the Drugs of Abuse

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Wine coolers are “softer” and therefore not as harmful as “hard” liquor, like whiskey or vodka.

☐ true ☐ false

There is no such thing as “hard” or “soft” liquor. A 12-ounce wine cooler contains just as much alcohol as a 12-ounce can of beer, a five-ounce glass of wine, or one ounce of whiskey. No matter what form or flavor, alcohol is a powerful depressant drug that leads to heart disease, liver damage, respiratory depression and death.

Alcohol is more dangerous for young people than it is for adults.

☐ true ☐ false

Due to the fact that their brains and body systems are still growing, adolescents are more vulnerable to the toxic effects of alcohol. Undeveloped bodies, immaturity and poor nutrition increase the risk of alcoholism. Because alcohol inhibits good judgment and control – consequences such as auto crashes, unwanted pregnancies, rape and sexually transmitted diseases, including AIDS, become very real likelihoods for teens. In addition, alcohol is illegal for people under the age of 21.

The dangers of smoking marijuana in the 1960s were much greater than today.

☐ true ☐ false

Levels of THC (Delta-9 tetrahydrocannabinol), the principal psychoactive ingredient found in marijuana, are seven to ten times higher today than THC levels of the 1960s. More THC means stronger side effects like panic reactions, tremors, fainting, chest pains and respiratory problems. Because THC is stored in the fatty tissues, a single dose of THC may take up to 30 days to be eliminated by the body.

Smoking a marijuana joint is just as dangerous as smoking tobacco cigarettes.

☐ true ☐ false

Many of the toxic elements contained in tobacco are also found in marijuana. In terms of cancer-causing agents, one joint can cause as much damage to the lungs as five tobacco cigarettes. Those who smoke marijuana have exhibited the same pre-cancerous lesions as those who smoke tobacco. Marijuana smokers tend to inhale more deeply and hold in smoke longer, causing chronic lung damage in some abusers.

LSD is a mind-expanding drug that helps to enhance creativity.

☐ true ☐ false

There are no studies which indicate that LSD enhances creativity. LSD’s unpredictable effects on the brain are extremely dangerous. Delayed effects, known as “flashbacks”, can happen weeks or even years after the drug abuse has stopped. The only thing that LSD enhances is a deadly drug habit.

Occasional cocaine use can kill a person.

☐ true ☐ false

No matter what form – powder, freebase, crack – there is no safe way to use cocaine. Even first-time abusers can experience seizures and breathing problems. Cocaine tightens blood vessels, making the heart work harder and faster. This can lead to heart attacks and sudden death, even in young healthy people. Behavioral changes brought on by cocaine, can lead to depression and suicidal tendencies. A single dose of cocaine can prove fatal.

Heroin is used most often by people from lower socioeconomic levels.

☐ true ☐ false

Heroin is used by people from all social and economic classes. Dealers who sell heroin want to keep people hooked, no matter what their age, race or income level. Dealers will sometimes give away free doses to first-time abusers. By getting people addicted, they keep a steady supply of customers.

Inhalants are legal to use because many are common household products.

☐ true ☐ false

There are hundreds of household products that can be abused as inhalants. Although most products used as inhalants are legal to purchase, it is against the law to breathe them for the purpose of getting high. Many states have strict laws regarding inhalant abuse, which include punishments ranging from fines to imprisonment.

Breathing inhalants can cause “sudden sniffing death.”

☐ true ☐ false

Some of the volatile substances contained in inhalants can produce fatal effects. Known as “sudden sniffing death,” this term is used to explain the condition in which the heart rate increases erratically resulting in cardiac arrest and death. Inhalants also cause damage to the lungs, brain, liver, kidneys, blood, hearing and eyesight. In addition, an abuser who “huffs” inhalants from a plastic bag is in danger of death by suffocation.

Almost as dangerous as the drugs themselves are the myths and half-truths that surround them. Take the following true-false quiz and test your knowledge about alcohol, marijuana, LSD, cocaine, heroin and inhalants.

true or false

Cocaine can cause immediate addiction.

☐ true ☐ false

Considered one of the most highly addictive of the drugs of abuse, cocaine is a very powerful central nervous system stimulant that can produce both physical and psychological dependence. When smoked in its altered form – *crack* – large amounts of cocaine reach the brain instantly resulting in such powerful effects that the smoker can become addicted after the first use.

Heroin is just as dangerous and addictive as cocaine.

☐ true ☐ false

Heroin can cause lung congestion, collapsed blood vessels and infected heart valves. It targets the areas of the brain most responsible for addiction. Abusers must take more of the drug more often to get the same effects. As the effects of the drug wear off, the abuser needs more heroin to prevent painful withdrawal symptoms. And because heroin is primarily taken by injection, IV drug users are greatly adding to the number of AIDS cases.

How did you do? Now that you have accurate, up-to-date facts, you can avoid the risks and make the smart choice to be drug-free.